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EXPRESSIONS

The Albertian Newsletter

St. Albert's College (Autonomous)

Established and Administered by Archdiocese of Verapoly
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Editorial



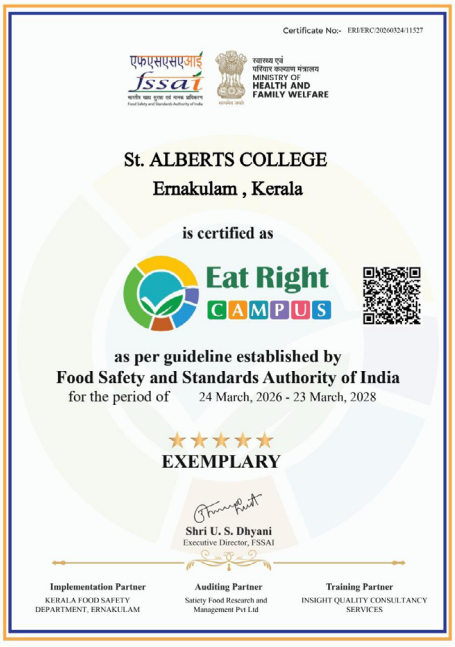
Dr. Sneha Sebastian
Assistant Professor
Department of English

The Buzz of New Beginnings

June is finally here, and the campus has transformed overnight. A new academic journey begins, offering a clean slate for the students to start afresh. The academic gear shifts this month, bridging the frantic energy of the summer break with the rejuvenating promise of what lies ahead. You hear the shift right away. Gates wide open, corridors echoing with steps, and a canteen buzzing shoulder-to-shoulder. We see that campus life is officially back in full swing.

With the new academic year, the daily rush of classes begins, and our college community is fresh, vibrant, and driven as ever. More than just classrooms and textbooks, college is a space where ideas, perspectives, talents, and experiences forge students into innovators, problem-solvers, empathetic citizens, and lifelong learners. A new academic year is always a chance to reset your goals. Jump straight into the action this month. Join a campus club, start that group project early, or simply start a conversation with someone new in class. The energy is right here waiting for you. Let us make this year count.

St. Albert's Earns the "Eat Right Campus" Badge


Certificate No:- ERIERC/20260324/11527

एफएसएसएआई FSSAI

स्वास्थ्य एवं परिवार कल्याण मंत्रालय MINISTRY OF HEALTH AND FAMILY WELFARE

St. ALBERTS COLLEGE
Ernakulam , Kerala

is certified as

Eat Right CAMPUS

as per guideline established by
Food Safety and Standards Authority of India
for the period of 24 March, 2026 - 23 March, 2028

★★★★★
EXEMPLARY

Shri U. S. Dhyani
Executive Director, FSSAI

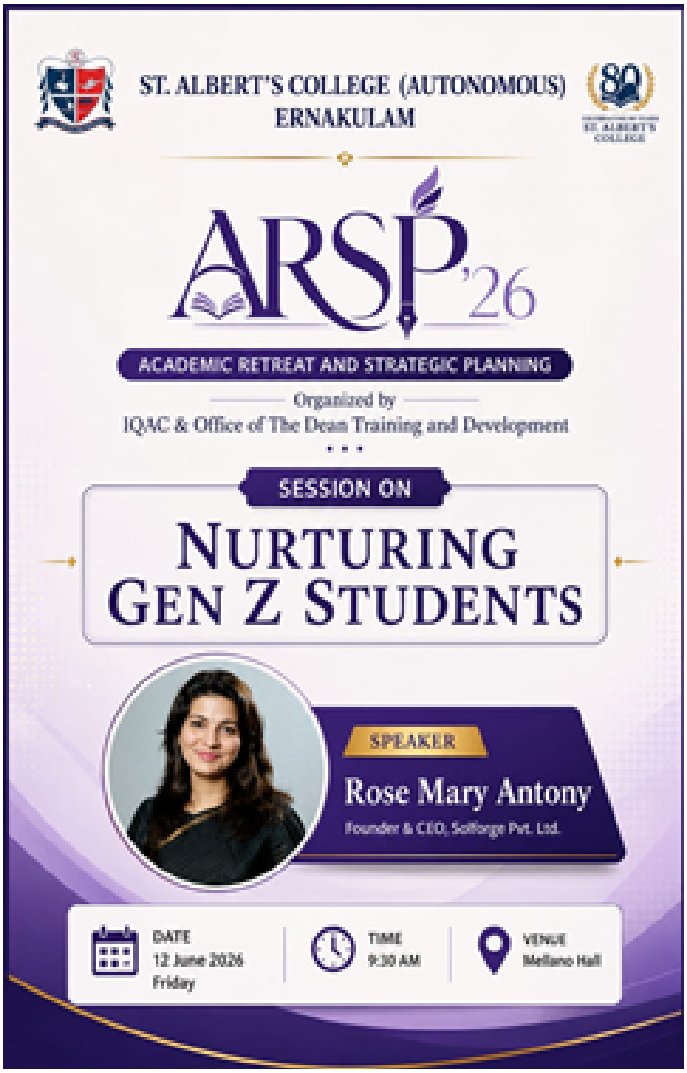
Implementation Partner: KERALA FOOD SAFETY DEPARTMENT, ERNAKULAM
Auditing Partner: Satiety Food Research and Management Pvt Ltd
Training Partner: INSIGHT QUALITY CONSULTANCY SERVICES

St. Albert's College, Ernakulam, has officially been certified as an "Eat Right Campus" with an Exemplary 5-star rating by the Food Safety and Standards Authority of India (FSSAI). This prestigious certification recognises the institution's commitment to providing safe, healthy, and wholesome food choices across campus while maintaining the highest hygiene standards. The certification remains valid for a two-year period, spanning from March 24, 2026, to March 23, 2028.

ARSP '26: Academic Retreat and Strategic Planning at St. Albert's College (Autonomous), Ernakulam

St. Albert's College (Autonomous), Ernakulam, successfully hosted ARSP '26 (Academic Retreat and Strategic Planning) on 12 June 2026 as part of its 80th-year celebrations. Organized jointly by the IQAC and the Office of the Dean Training and Development, the day featured enriching sessions tailored for both faculty and administrative staff.





Nurturing Gen Z Students: The morning session held at Mellano Hall at 9:30 AM was led by Ms. Rose Mary Antony (Founder & CEO, Solforge Pvt. Ltd.). The interactive talk focused on understanding and effectively guiding today's generation of learners.

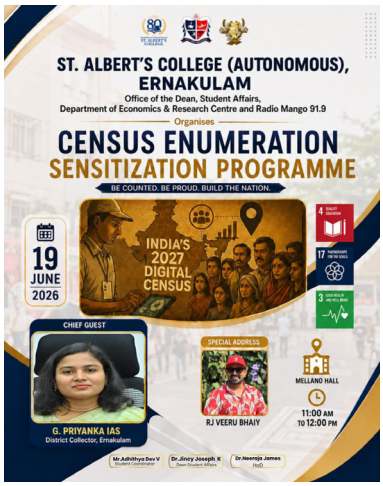
Administrative Staff Empowerment: The afternoon sessions starting at 2:30 PM focused on professional growth for the administrative team. Mr. Sajith Dhanapal (Senior Superintendent, Deputy Directorate of Collegiate Education, Ernakulam) delivered an insightful session on Office Procedures, followed by a motivational talk on Grace at Work Place by Master Trainer Mr. Sarath T R.



Census 2027 Programme Highlights at St. Albert's College

St. Albert's College (Autonomous), Ernakulam, hosted a series of distinct programmes to prepare students and staff for India's upcoming digital census:

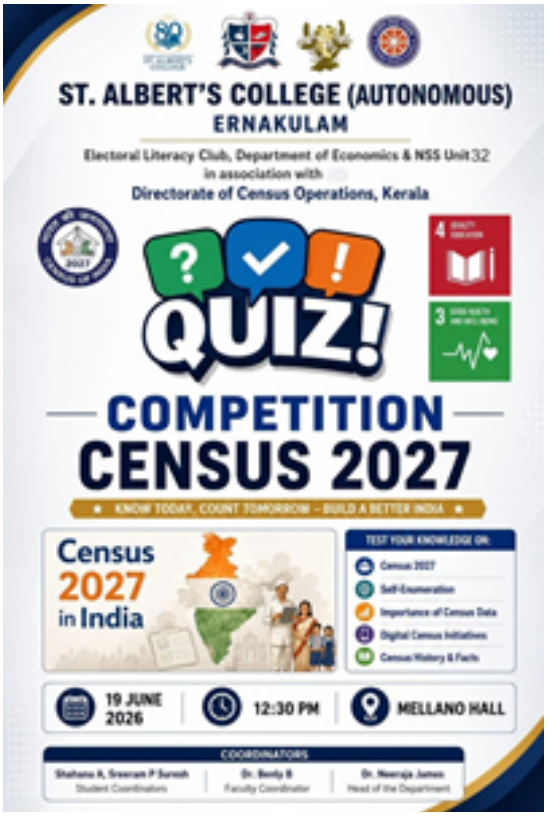
1. Census Enumeration Sensitization Programme (19 June 2026): Organized by the Office of the Dean of Student Affairs, Department of Economics & Research Centre, and Radio Mango 91.9, this opening session ran from 11:00 AM to 12:00 PM at Mellano Hall. Under the banner "Be Counted. Be Proud. Build the Nation," the event featured Ernakulam District Collector G. Priyanka IAS as the chief guest and a special address by RJ Veeru Bhaiy.







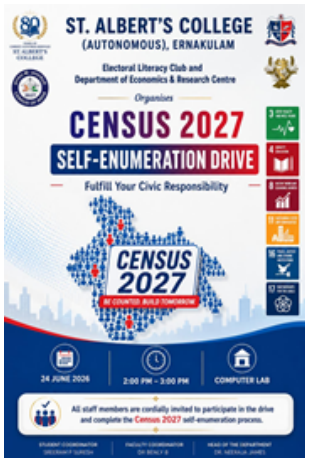
2.Census 2027 Quiz Competition (19 June 2026): Held later the same day at 12:30 PM at Mellano Hall, this interactive competition was organized by the Electoral Literacy Club, Department of Economics, and NSS Unit 32 in association with the Directorate of Census Operations, Kerala. It tested participants on census history, self-enumeration, and digital initiatives under the motto "Know Today, Count Tomorrow – Build a Better India."







3. Census 2027 Self-Enumeration Drive (24 June 2026): Hosted from 2:00 PM to 3:00 PM at the Computer Lab by the Electoral Literacy Club and Department of Economics & Research Centre, this hands-on drive cordially invited staff members to complete the self-enumeration process and fulfill their civic responsibilities.







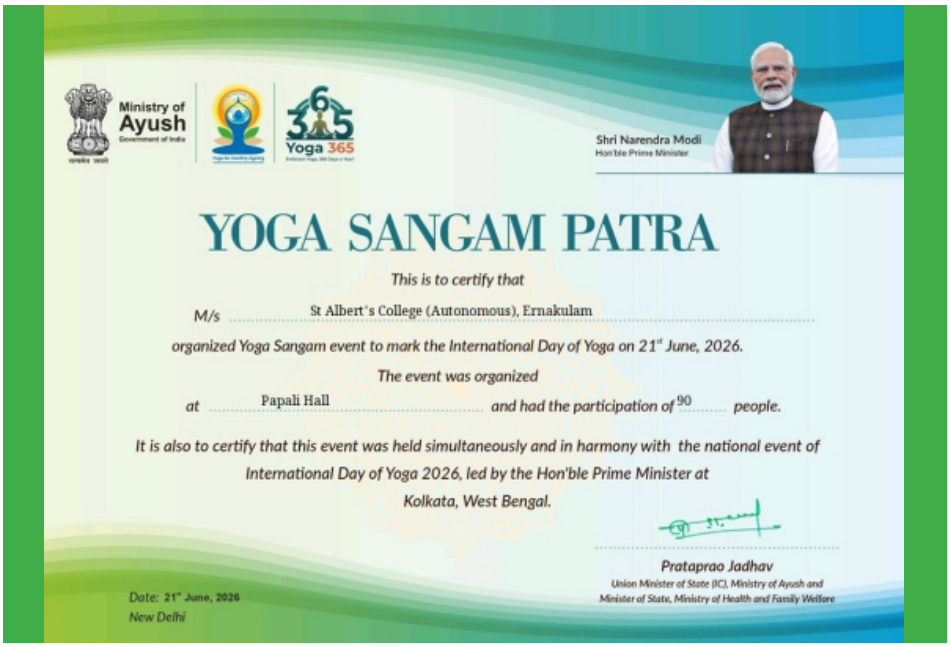
4. Self-Enumeration Training Programme (25 June 2026): Organized by the National Service Scheme and National Cadet Corps from 12:30 PM to 1:30 PM at Mellano Hall. The training session featured expert resource persons and Census Field Trainers—Lt. John Sinoj, Mr. Anty T. J., and Mr. Alex Kuriakose V. J.—equipping attendees with the technical know-how for digital census data collection.

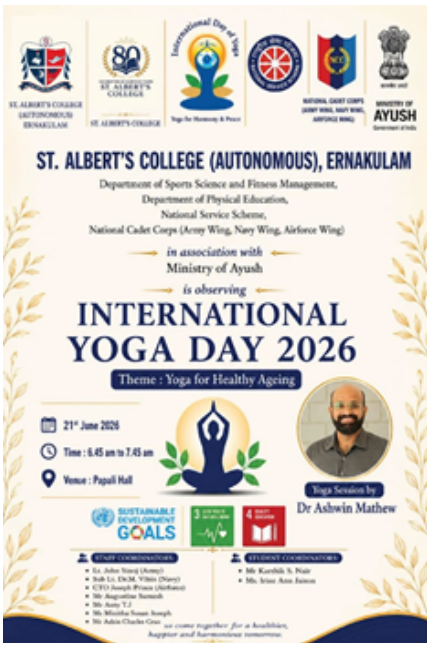


Mind, Body, and Balance: Yoga Day 2026 at St. Albert's

On 21st June 2026, St. Albert's College (Autonomous), Ernakulam, celebrated International Yoga Day at Papali Hall. Organised by the Department of Sports Science and Fitness Management, Physical Education, NSS, and NCC in association with the Ministry of Ayush, the event aligned with the theme "Yoga for Healthy Ageing".

Led by expert resource person Dr. Ashwin Mathew, the session featured yoga practices and demonstrations promoting holistic well-being. With 90 participants, the college's Yoga Sangam event was held in harmony with the national celebration led by Hon'ble Prime Minister Shri Narendra Modi.









IQAC - Click, Learn, Grow: Navigating the World of MOOCs

St. Albert's College (Autonomous), Ernakulam, hosted an interactive session titled "Click, Learn, Grow: Navigating the World of MOOCs" at Mellano Hall. Organized by the IQAC, Office of the Dean Academics, and the Department of Economics & Research Centre in association with EMMRC, University of Calicut, the programme aimed to guide students and educators through Massive Open Online Courses to enhance modern learning and professional development.

The highlight of the event was an expert-led presentation by KS Sajith Kumar, Producer at EMMRC, who shared valuable insights on effective digital resource utilization and online learning strategies. Coordinated by faculty members Dr. Francis MC, Dr. Linda George, and HOD Dr. Neeraja James, the successful session reinforced the institution's commitment to technology-driven education.







World Environment Day Essay Competition



To commemorate World Environment Day, NSS Unit No. 32 of St. Albert's College (Autonomous)—coordinated by Programme Officers Dr. Francis M.C. and Ms. Jeema Jose along with Volunteer Secretary Diya Lakshmy—organized a Malayalam essay writing competition on the theme "A Letter from Planet Earth to Humanity." The initiative invited students to submit 200–250 word handwritten, original essays, successfully fostering ecological awareness, creative expression, and a shared responsibility for protecting the environment.

Padheyam 3.0: From Our Hands to Their Hearts

June 5, 2026: NSS Unit No. 32 of St. Albert's College (Autonomous), Ernakulam, in association with the Non-Teaching Staff, launched Padheyam 3.0, a community outreach initiative guided by the motto "From Our Hands to Their Hearts." The opening phase focused on distributing Pothichor (traditional packed meals) to people in need to foster empathy, social responsibility, and the spirit of service while supporting United Nations Sustainable Development Goals No Poverty (SDG 1) and Zero Hunger (SDG 2).





June 19, 2026: The unit conducted the second phase of Padheyam 3.0 in collaboration with the Department of Economics, continuing the distribution of packed meals to individuals facing food insecurity.





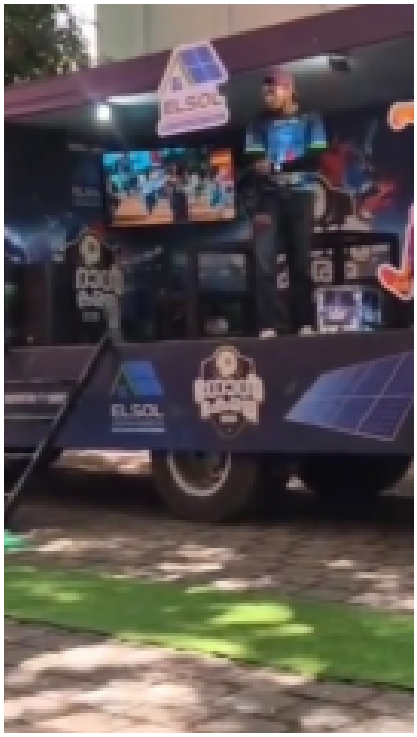


GOAL KERALA 2026 – Score Against Drugs

The NSS Unit of St. Albert's College (Autonomous), Ernakulam, in collaboration with the Department of Physical Education and Anti-Narcotic Cell, organized "GOAL KERALA 2026" on June 25, 2026, in association with Malayala Manorama. Held at the Main Campus under the theme "Score Against Drugs," the programme used the spirit of football to create awareness about the dangers of drug abuse. The initiative encouraged students to embrace sportsmanship, healthy lifestyles, and social responsibility while promoting a strong "No to Drugs" message and highlighting the role of youth and sports in building a healthier, drug-free society.







Vidya Maarg – Educational Seminar

St. Albert's College (Autonomous), Ernakulam, in collaboration with Navadarsan, Archdiocese of Verapoly, organized "Vidya Marg" **(വിദ്യാ മാർഗ്ഗ്)**, a comprehensive educational outreach and career guidance initiative across various foranes of the Archdiocese. Designed to empower youth and guide prospective students and their parents, the campaign successfully conducted a series of 13 interactive seminars spanning key parishes and church centers, including Palarivattom, Pallipuram, Kaloor, Perumanoor, Bolgatty, Cheranalloor, and Koonammavu. The primary objective of the initiative was to provide direct clarity on higher education pathways, offer personal career counseling, and familiarize students with modern academic opportunities.

A central focus of the Vidya Marg seminars was educating students on the newly introduced 4-Year Undergraduate (UG) Programme framework, highlighting its flexible curriculum, multidisciplinary options, and future-ready skill development pathways. To ensure rich academic insights, the general sessions were led by a distinguished team of college leadership and faculty members. Key resource persons included Controller of Examinations Dr. Sabu M. C. Vice Principal Dr. Retina I. Cleetus,Dr. Jithin Benedict, Dr. Indu George and faculty representatives across various departments—such as Business Administration, Botany, Chemistry, Logistics Management, Journalism, Commerce, and Zoology. Their expert guidance helped demystify the changing educational landscape and assisted students in choosing career trajectories aligned with current industry standards.

The initiative achieved outstanding community engagement by directly bringing academic guidance to local parishes and making expert faculty accessible to all. Through interactive doubt-clearing sessions, students received tailored advice on course selection, admission procedures, and specialized subject combinations. Coordinated efficiently with local forane coordinators and church leaders, Vidya Marg stands as a milestone effort by St. Albert's College (Autonomous) and Navadarsan in strengthening community ties and enabling informed educational decisions for the next generation.







വിദ്യാ മാൽഴ്

സെമിനാർ: കരിയർ ഗൈഡൻസ് & 4 വർഷ യു. ജി. പ്രോഗ്രാം

Sunday 7th June, 2026 | 10:30 AM
Our Lady of Perpetual Help, Cheranallloor

General Session



Dr. Indu George
Asst. Prof, Business Administration
St. Albert's College (Autonomous)



Dr. Sabu M. C
CoE
St. Albert's College (Autonomous)



Dr. Jithin Benedict
Asst. Prof, Business Administration
St. Albert's College (Autonomous)

For Registration & Further Details : Mr. Jobin - 98950 21216

St. Albert's College (Autonomous)
Banerji Road Ernakulam, Kochi - 682018 Kerala, India

NAVADARSAN
Archdiocese of Verapoly

വിദ്യാ മാൽഴ്

സെമിനാർ: കരിയർ ഗൈഡൻസ് & 4 വർഷ യു. ജി. പ്രോഗ്രാം

Sunday 21st June, 2026 | 2:00 PM
St. Philomena's Forane Church, Koonammavu

General Session



Dr. Indu George
Asst. Prof, Business Administration
St. Albert's College (Autonomous)



Dr. Sabu M. C
CoE
St. Albert's College (Autonomous)



Dr. Jithin Benedict
Asst. Prof, Business Administration
St. Albert's College (Autonomous)

St. Albert's College (Autonomous)
Banerji Road Ernakulam, Kochi - 682018 Kerala, India

NAVADARSAN
Archdiocese of Verapoly

RBI Reelathon 2026 – "Reel for Awareness"

The Department of Economics and Research Centre, St. Albert's College (Autonomous), Ernakulam, organized a familiarization session for RBI Reelathon 2026 – "Reel for Awareness" to enhance students' cyber financial literacy. Following a welcome by Head of Department Dr. Neeraja James, RBI Lead District Officer Shri Akhil V. S. outlined the competition's themes and encouraged creative student participation. Ernakulam Lead Bank Manager Shri Ajilesh C., alongside State Bank of India experts, educated attendees on key cyber threats—including phishing, OTP scams, and UPI fraud—and stressed the importance of safeguarding banking credentials and reporting suspicious activity. The event concluded with an instructional video on fraud prevention, an interactive Q&A session, and a vote of thanks by II M.A. Economics student Ms. Aleena Pradeep.







World Refugee Day Lecture & Workshop

The English Department of St. Albert's College (Autonomous), Ernakulam organized a Lecture and Workshop as part of World Refugee Day. The programme was organized at the Kelanthara Hall from 10 am to 12pm on 24 June 2026. The lecture titled "Quest for the Fleeting Home" was led by the Resource Person, Dr. Appu Jacob John, Assistant Professor, Institute of English, University of Kerala. The vibrant lecture included poetry recitations and was followed by a Q&A session. The session, which began with a welcome by the Staff Coordinator, Dr. Sweetha Saji and an address by the Head of the Department Dr. Nisha Thomji Varghese on the importance of social responsibility towards refugee and migrant communities ,concluded with a vote of thanks by Mr. Joydeep Xalxo, the Student Coordinator.







EcoSpark: Igniting Change, Inspiring Tomorrow



The Department of English of St. Albert's College (Autonomous) successfully organized "EcoSpark: Igniting Change, Inspiring Tomorrow," an Environmental Awareness Outreach Programme on 29 June 2026 at 1:30 p.m. The programme was held at the Government Higher Secondary School for Girls, Ernakulam South, for the students of middle school with the objective of promoting environmental consciousness and encouraging sustainable practices among school students. The event commenced with a warm welcome to the participants, followed by an introduction to the importance of environmental conservation in today's world. The student volunteers from the Department of English interacted with the school students through engaging presentations, discussions, and awareness sessions on issues such as climate change, waste management, plastic pollution, and sustainable living. Practical tips on reducing waste, recycling, conserving water, and protecting biodiversity were shared to inspire students to adopt eco-friendly habits in their daily lives. Interactive activities formed a major part of the programme. Students enthusiastically participated in quizzes and awareness games that reinforced the concepts of environmental responsibility. The outreach programme also emphasized the importance of individual action in addressing global environmental challenges. The active participation and curiosity displayed by the school students made the sessions lively and meaningful. The programme concluded with a vote of thanks, expressing gratitude to the school authorities, faculty members, volunteers, and participants for their enthusiastic support and cooperation.





Aksharayanam: Reading Day Celebration

On June 19 2026, NSS Unit No.32 of St Albert's College (Autonomous) in Association with the department of Languages , Organised (Reading day celebration) at 11:00 am in Bernard hall. The Programme was inaugurated by Dr. Silvikkuty Joseph, retired principal and writer. Rev. Dr. Joseph Justin Rebello, principal of St Albert's College, and Ms. Jeema Jose, NSS Programme Officer, also addressed the gathering. The programme emphasised the importance of reading andv encouraged students to develop a lifelong reading habit.



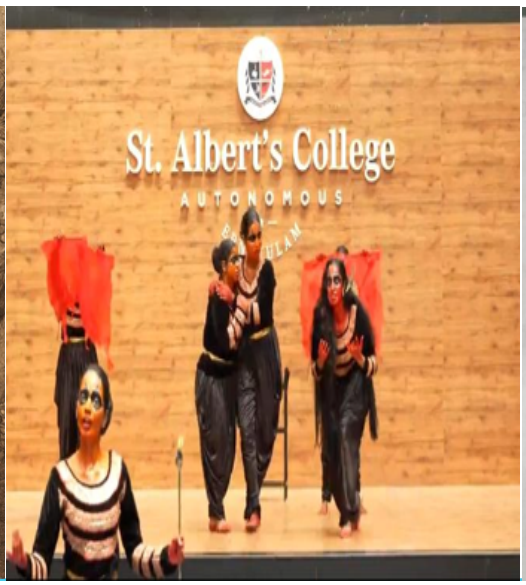




Poothapattu Performance Marks Reading Day

To celebrate Vayanadinacharanam (Reading Day) on June 19, 2026, NSS Unit No. 32 of St. Albert's College (Autonomous), Ernakulam, partnered with the Department of Languages to host a Poothapattu performance at Baccinelli Hall. Led by students Anibha K.J., Andriya Mariya, Andriya Vilfi, Anupama E.S., Aleena Rose, and Nithya M.S., the vibrant event successfully blended the promotion of reading habits with the celebration of Kerala's rich folk traditions and storytelling heritage.







എറണാകുളം സെന്റ് ആൽബർട്സ് കോളജിൽ (ഓട്ടോണമസ്) വയനപക്ഷാചരണത്തിന്റെ ഭാഗമായി കവി ഇടശ്ശേരിക്ക് ആദരമർപ്പിച്ച് 'പൂത്തപ്പാട്ട്' ദൃശ്യാവിഷ്കാരം അവതരിപ്പിച്ച വിദ്യാർഥികളും അധ്യാപകരും.

സെന്റ് ആൽബർട്സ് കോളജിൽ 'അക്ഷരായനം'

കൊച്ചി• എറണാകുളം സെന്റ് ആൽബർട്സ് കോളജ് (ഓട്ടോണമസ്) മലയാള വിഭാഗം സാഹിത്യവേദിയുടെയും എൻഎസ്എസിന്റെയും നേതൃത്വത്തിൽ 'അക്ഷരായനം' സംഘടിപ്പിച്ചു. ഇടശ്ശേരിക്ക് ആദരമർപ്പിച്ച് അദേഹത്തിന്റെ കൃതി 'പൂത്തപ്പാട്ട്' അവതരിപ്പിച്ചു. കോളജ് ബർസാർ ഫാ. ജൻസൺ ലിവേറ അദ്ധ്യക്ഷത വഹിച്ചു. പ്രിൻസിപ്പൽ ഡോ. പ്രൊഫ. ജോസഫ് ജസ്റ്റിൻ റബെല്ലോ ഉദ്ഘാടനം ചെയ്തു.

എഴുത്തുകാരി ഡോ.സിൽവിക്കുട്ടി ജോസഫ്, മലയാളം വിഭാഗം അധ്യക്ഷൻ ഡോ. കെ ജെ. അഗസ്റ്റിൻ, എൻഎസ്എസ് പ്രോഗ്രാം ഓഫിസർ ജീമ ജോസ്, മലയാളം വിഭാഗം അധ്യാപിക കെ. ശ്രീക്കുട്ടി എന്നിവർ പ്രസംഗിച്ചു.

Inspired by Nature. For Climate. For Our Future

To mark World Environment Day on June 5, 2026, social work trainees from St. Albert's College (Autonomous), Ernakulam, joined forces with the ESAF Foundation and the Kochi Municipal Corporation. Operating under the global theme, "Inspired by Nature. For Climate. For Our Future," the collaborative event championed sustainable living and environmental stewardship.

The observance featured a clean-up drive along APJ Abdul Kalam Marg, led by ESAF Foundation staff to promote public hygiene and civic responsibility. St. Albert's trainees brought energy to the initiative by staging a vibrant flash mob at the Corporation premises. Undeterred by rain, their performance highlighted the urgency of climate action, nature conservation, and active community involvement.

A major feature of the day was the inauguration of an eco-friendly initiative introducing chairs manufactured entirely from recycled plastic. Inaugurated by Mayor Ms. V. K. Mini Mol, the project spotlighted effective waste management and resource recovery. In her address, the Mayor urged citizens to take collective responsibility for curbing plastic pollution. The event concluded with a ceremonial tree planting on the Corporation grounds.







NEW DAWN: Building Drug-Free Campuses, Anti-Narcotics Awareness Drive

The Anti-Narcotics Campaign commenced with an inaugural address by chief guest Mr. Kannan K. S., followed by an engaging awareness session led by Ms. Manju Thressiama David and Ms. Rajani Stanley from the Fourth Wave Foundation. Through interactive discussions, real-life examples, and a Q&A segment, the session educated students on the causes, consequences, and legal dimensions of substance abuse while equipping them with practical prevention strategies and healthy decision-making skills. Ultimately, the program successfully deepened participant awareness and inspired students to serve as active advocates for building drug-free campuses and communities.







One Day Research Methodology Workshop

The Department of Social Work, St. Albert's College (Autonomous), Ernakulam, in collaboration with CSDCCP, organized a One Day Research Methodology Workshop on 29 June 2026 at the MSW Classroom. The workshop was conducted with the objective of strengthening the research competencies of postgraduate social work students and equipping them with essential knowledge and skills required for conducting scientific research. The resource person for the workshop was Dr. Lorane Scaria, Director, Rajagiri Research Institute, Rajagiri College of Social Sciences (Autonomous). Through interactive sessions, the resource person provided comprehensive insights into various aspects of research methodology, including formulation of research problems, research design, literature review, sampling techniques, data collection methods, and ethical considerations in social work research. The workshop served as a valuable platform for students to enhance their understanding of research processes and develop competencies necessary for academic and professional practice.



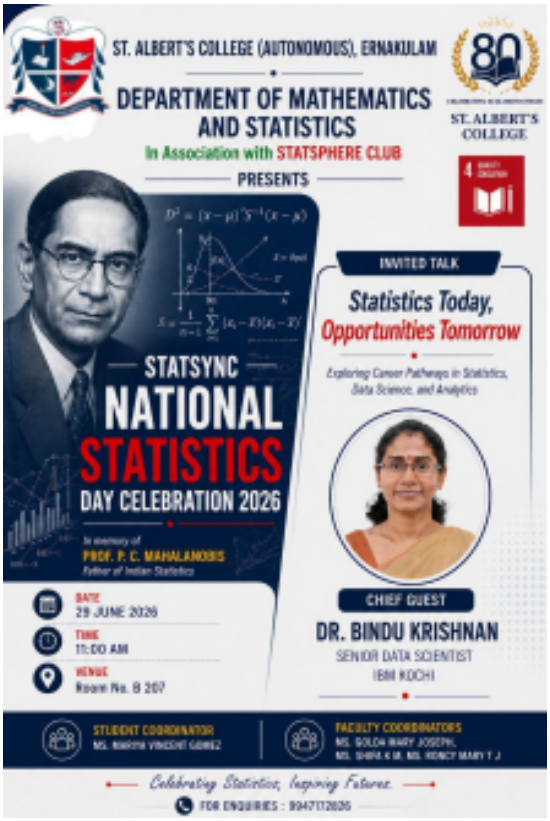


Statistics Today, Opportunities Tomorrow

As part of National Statistics Day 2026 celebrations, the Department of Mathematics and Statistics, St. Albert's College (Autonomous), Ernakulam, in association with the Statsphere Club, organized an invited talk titled "Statistics Today, Opportunities Tomorrow" on 29 June 2026 following an inter-departmental quiz competition.

The event opened with a prayer by Ms. Devika, followed by a welcome address from Assistant Professor Ms. Golda Mary Joseph. Principal Prof. (Dr.) Joseph Justin Rebello presided over the function, emphasizing the role of statistical thinking in modern decision-making. Chief Guest Dr. Bindu Krishnan, Senior Data Scientist at IBM, Kochi, was introduced by Ms. Hanna Fathima.

Delivering her keynote to Integrated M.Sc. Statistics students and faculty, Dr. Bindu Krishnan highlighted the application of statistical science, AI, and machine learning across sectors such as healthcare, finance, business, and technology. She outlined prospective career pathways in Data Science, Artificial Intelligence, Business Analytics, and Data Engineering, providing practical guidance on the technical and analytical skills required by the industry.





Inter-Departmental Quiz Competition

The Department of Mathematics and Statistics, St. Albert's College (Autonomous), Ernakulam, organized an Inter-Departmental Quiz Competition to celebrate National Statistics Day 2026 and commemorate the birth anniversary of Prof. Prasanta Chandra Mahalanobis.
Aimed at fostering analytical thinking, the competition brought together student teams from departments including Mathematics, Statistics, Economics, and Space Science and Technology.

The contest progressed through four multi-disciplinary stages:

- **Preliminary Round:** Tested knowledge in Statistics, Economics, AI, Data Analytics, and Current Affairs through 20 MCQs to select the top eight teams.
- **Visual Round:** Required rapid identification of statistical graphs, logos, and mathematical concepts, shortlisting five teams.
- **Connecting Clues:** Challenged teams to find common concepts across interdisciplinary clues, determining the top two finalists.
- **Rapid Fire Round:** A high-speed final round that tested quick recall and accuracy to decide the champions.

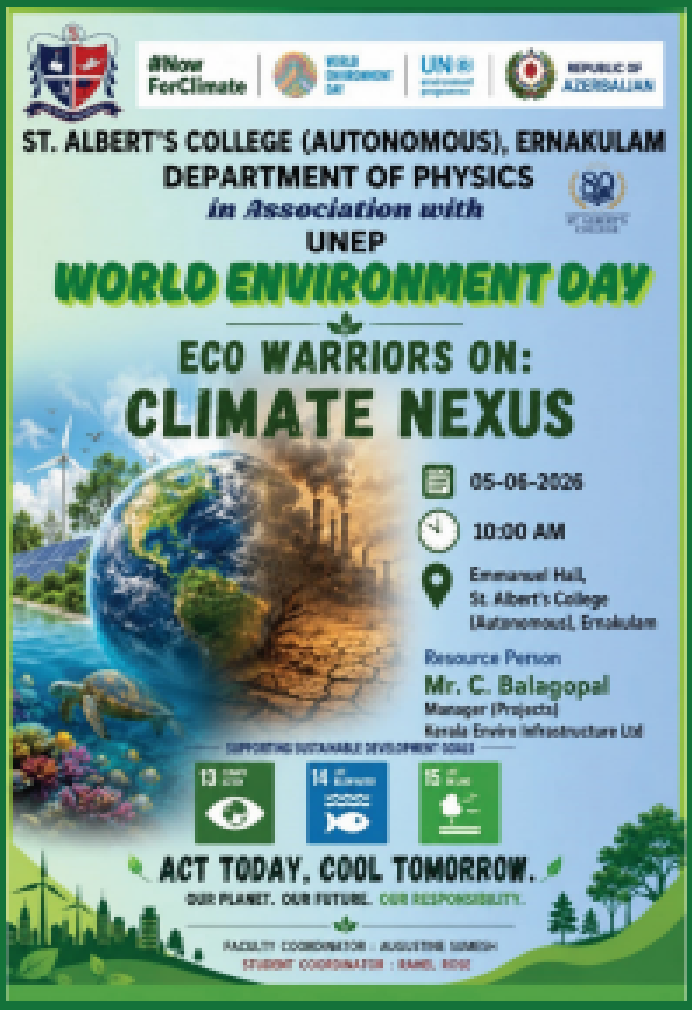
Newbin Sabu (II M.Sc. Space Science & Technology) and Azriel Dominic Rozario (II Integrated M.Sc. Statistics) secured First Prize. Gangalakshmi S. and Anjana R. Nair (II M.Sc. Mathematics) took Second Prize, while Anjitha S. J. and Ann Sunil (II Integrated M.Sc. Statistics) won Third Prize. The winners were awarded mementos and certificates.



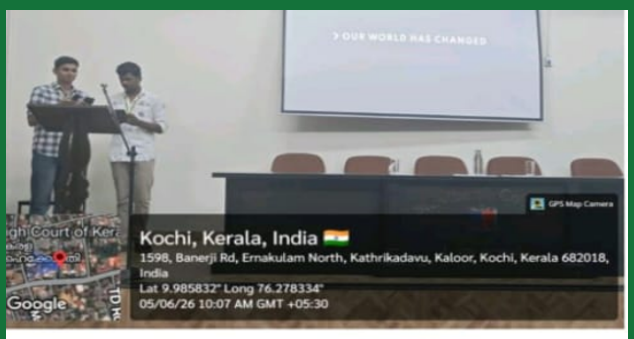


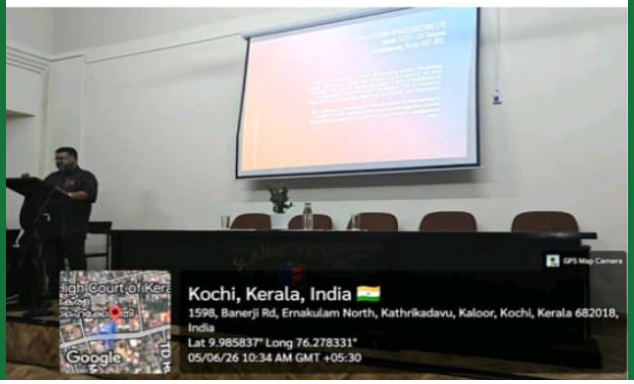
Eco Warriors On: Climate Nexus

As part of the **World Environment Day** celebrations, the Department of Physics, St. Albert's College (Autonomous), Ernakulam, in association with the **United Nations Environment Programme (UNEP),** organized **"Eco Warriors On: Climate Nexus"** at Emmanuel Hall. The programme aimed to raise awareness about climate change, environmental conservation, and sustainable development. Mr. C. Balagopal, Manager (Projects), Kerala Enviro Infrastructure Ltd., delivered the keynote address, highlighting climate challenges and the role of youth in climate action. A video presentation on global environmental issues and sustainability initiatives, along with a UNEP-themed dance performance by students, enriched the programme. Organized under the guidance of Mr. Augustine Sumesh, Faculty Coordinator, and coordinated by Ms. Rahel Rose Hanson, Student Coordinator, the event concluded with a renewed commitment to environmental stewardship and a greener, sustainable future.









Inter Departmental Quiz Competition

The Department of Chemistry and Research Centre held an Interdepartmental Quiz Competition on June 5, 2026, to mark World Environment Day. The initiative aimed to raise awareness about environmental protection, sustainable development, and ecological policies among students.The program began at 11:00 AM with an address by Dr. Krishnakumar K. S., Head of the Department in Charge. Quiz Master Dr. Prashob Peter K. J. then explained the rules and three competition rounds. Questions covered World Environment Day themes, India's environmental missions, Kerala Government initiatives, biodiversity, green energy, and pollution.

Teams from the Economics Department, Botany Department, and NCC Air Wing actively participated, with Ms. Krishna Prabha (M.Sc. Chemistry) tracking scores. The Economics Department secured first place, Botany finished as runners-up, and the NCC Air Wing earned consolation prizes.







World Environment Day 2026 – Panel Discussion

The Department of Botany, St. Albert's College (Autonomous), Ernakulam, in collaboration with the Albertian Centre for Corporate and Industrial Relations (ACCIR), organized a panel discussion on June 5, 2026, on the theme "Planet, People, Posterity: Accelerating Sustainable Action Through Science, Enterprise, and Community." The programme, inaugurated by Principal Prof. (Dr.) Joseph Justin Rebello, brought together experts from academia, industry, healthcare, and atmospheric research to discuss collaborative approaches to environmental conservation and sustainable development. The panel featured Dr. K. Madhusudhanan, Mr. Zakaria Joy, Dr. Jaseela T. Bukhary, and Prof. Abhilash S., with Dr. Anisha S. as moderator. The interactive session encouraged students to engage with the experts, clarify their concerns, and explore practical solutions to environmental challenges, concluding with a renewed commitment to sustainable living.





Pachappinoru Chedi – World Environment Day

St. Albert's College (Autonomous), Ernakulam, celebrated **World Environment Day** on June 5, 2026, with the campus initiative **"Pachappinoru Chedi."** Organized by **NSS Unit 32** in association with the Department of Computer Science, the programme began with a welcome address by Ms. Amitha Joseph, Head of the Department. Principal Dr. Joseph Justin Rebello inaugurated the event and distributed saplings to students and staff, reinforcing the message of environmental responsibility. Dr. Francis MC and Ms. Jeema Jose, NSS Programme Officers, delivered the felicitation address, while Mr. Effin Bobby, II B.Sc. Computer Science student, proposed the vote of thanks. The initiative encouraged the campus community to contribute actively towards a greener and sustainable environment.







Coastal Cleanup Marks World Oceans Day

A beach cleaning activity was organized at Edavanakkad Beach on June 8, 2026, in observance of World Oceans Day, bringing together around 100 participants from various educational institutions and organizations. The programme was jointly organized by the School of Marine Sciences, CUSAT; Society of Marine Biologists; Research Department of Fisheries and Aquaculture; NCC Naval Unit, St. Albert's College (Autonomous), Ernakulam; St. Xavier's College, Aluva; and SDPY KPM High School, Edavanakkad.

The event was inaugurated by Shri Sajith K. A., Panchayat President, Edavanakkad, following a welcome address by Dr. Priyaja P., Secretary of the Ocean Society of India, Cochin Chapter. Dr. A. A. Muhammed Hatha, President of the chapter, spoke on the importance of protecting marine ecosystems. Participants actively cleaned the shoreline, collecting and segregating waste into plastic, paper, thermocol, glass and other categories. The activity highlighted the ecological impact of marine pollution and promoted responsible coastal stewardship and community-led conservation.






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Student Reels Take a Stand Against Drug Abuse

The Research Department of Fisheries and Aquaculture, in association with the NCC Naval Wing, organised an online reel making competition to promote awareness about drug abuse among students as part of the International Day Against Drug Abuse and Illicit Trafficking 2026.

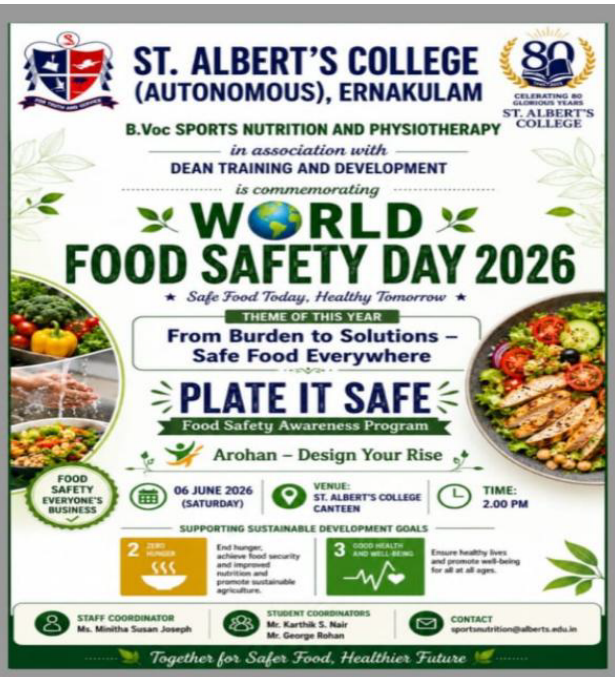
The competition was held on the theme "Drug-Free Society" and encouraged students to create original 60–90-second reels highlighting the harmful effects of drug abuse and the importance of maintaining a healthy, drug-free society. Six groups participated in the competition. The entries were evaluated by Asst. Prof. Mary Jane of the Department of Malayalam and Asst. Prof. Sebastian of the Department of English at St. Albert's College (Autonomous).

The Economics department bagged the first prize, while Industrial Fisheries secured the second prize. The competition provided students with an opportunity to use digital media creatively to communicate an important social message while promoting teamwork, awareness and responsible expression.



World Food Safety Day 2026

Students of B.Voc Sports Nutrition and Physiotherapy, St. Albert's College (Autonomous), Ernakulam, observed World Food Safety Day 2026 under the theme "From Burden to Solutions – Safe Food Everywhere" by conducting an interactive awareness programme for the campus canteen staff. The session highlighted essential food safety practices, including personal hygiene, prevention of cross-contamination, proper storage, sanitation, and the FIFO method, emphasizing that safe food practices today contribute to a healthier tomorrow.











Mind Over Muscle: A Conversation on Men's Mental Health

The Department of Medical and Psychiatric Social Work at St. Albert's College (Autonomous), Ernakulam, in association with Welcare Hospital, Vyttila, organized a Men's Mental Health Awareness Programme on June 19, 2026, at Bernard Hall.

The session, titled "Mind over Muscle: Practical Stress Management and Mental Resilience," was led by Dr. Jyothi Madhusoodhanan Nair, Consultant Psychiatrist at Welcare Hospital. She highlighted the importance of recognising mental health concerns among men, overcoming societal stigma, building emotional resilience, and adopting healthy coping strategies.Through practical examples and interactive discussions, participants gained insights into stress management, self-care, open communication, and the importance of seeking timely professional support. Students from the Departments of Medical and Psychiatric Social Work and Retail Management actively participated in the programme.







Faculty Achievement

Beyond Horizons: A Journey of Classrooms,

In a transformative milestone for St. Albert's College (Autonomous), Kochi, Ms. Dinu Simon completed a ten-day faculty exchange visit to Germany this past June, marking her international debut as an educator and representative of the institution. The journey fostered cross-cultural dialogue, pedagogical innovation, and strategic international partnerships.

The exchange commenced in Münster at Katho University (Katholische Hochschule Nordrhein-Westfalen), organised under the leadership of Prof. Grit Höppner and Prof. Judith Haase. Ms. Dinu Simon joined Indian academic colleagues Dr. Emmanuel Daniel and Dr. Vigneshwaran S. A. from Christ University, Bengaluru, alongside a diverse cohort of 31 Social Work students—comprising 12 from Katho, 11 international exchange students, and 8 from Christ University. Over three intensive days, participants engaged in a workshop titled "Violence Against Children and Women: German and Indian Approaches." Ms. Simon delivered a detailed presentation on the socio-legal realities of gender-based violence in India while highlighting the resilience of Indian women through the Self-Help Group (SHG) movement and microfinance initiatives. The host institution also demonstrated advanced teaching methodologies, including Virtual Reality (VR) simulations for clinical social work training, allowing students to practice crisis intervention in real-time environments.

Following a cross-border educational visit to the Netherlands on the fourth day, Ms. Simon gained valuable insights into German civic life, observing strict traffic discipline, punctual tram systems, an honor-system-based public trust culture, active lifestyle habits, and early youth independence supported by an "Earn and Learn" work-study culture. Notably, German social work curricula mandate 500 hours of practical field work compared to the 216-hour standard typical in India.

The final phase of the visit took place in Munich at Katholische Stiftungshochschule München (KSH München), where Ms. Simon addressed undergraduate students in the BA Early Childhood Education program on "Children's Rights in India." High-level strategic meetings were subsequently convened with KSH leadership, including Prof. Astride Velho, Prof. Susanne Nothhafft, and Dean Andrea Gavrilina. Discussions focused on joint academic initiatives, healthcare Master's program partnerships, and bilateral exchange structures.





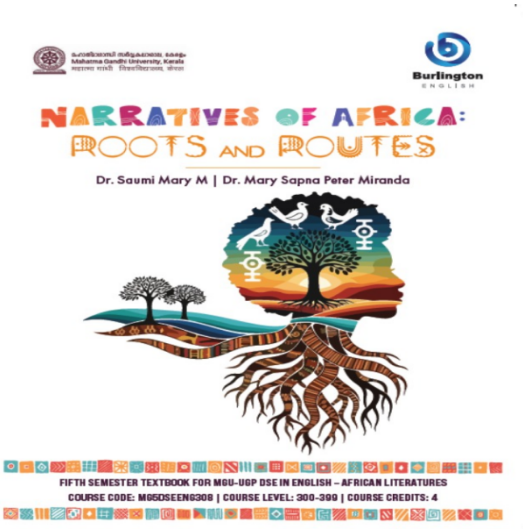


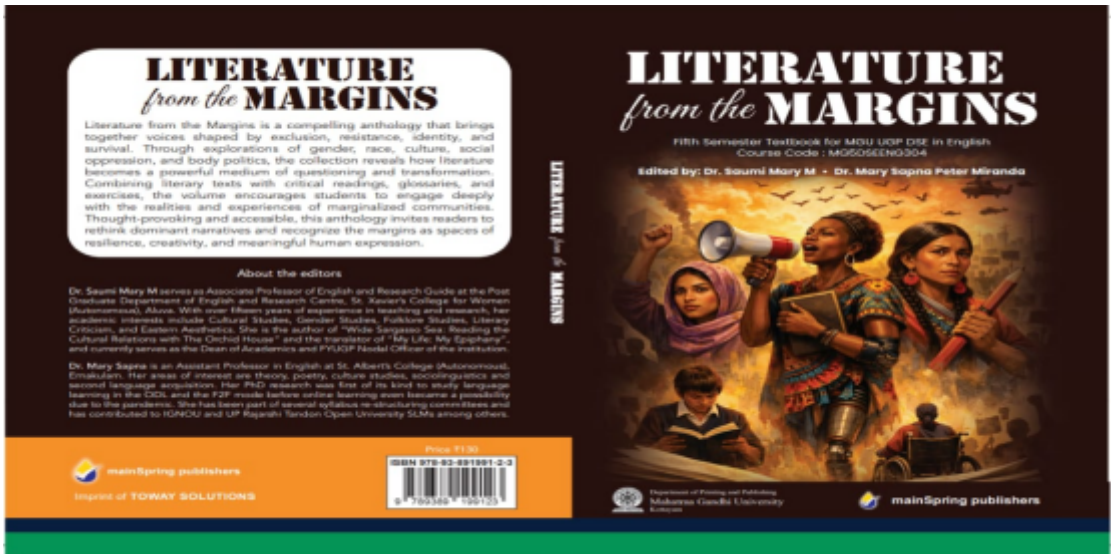
The visit culminated in a historic agreement with Dean Andrea Gavrilina establishing a formal bilateral student exchange program. Under this initiative, two students from St. Albert's College will travel to Germany and two students from KSH München will study in Kochi as part of their regular degree coursework, opening sustainable global pathways for future generations of Albertian scholars.

Publications

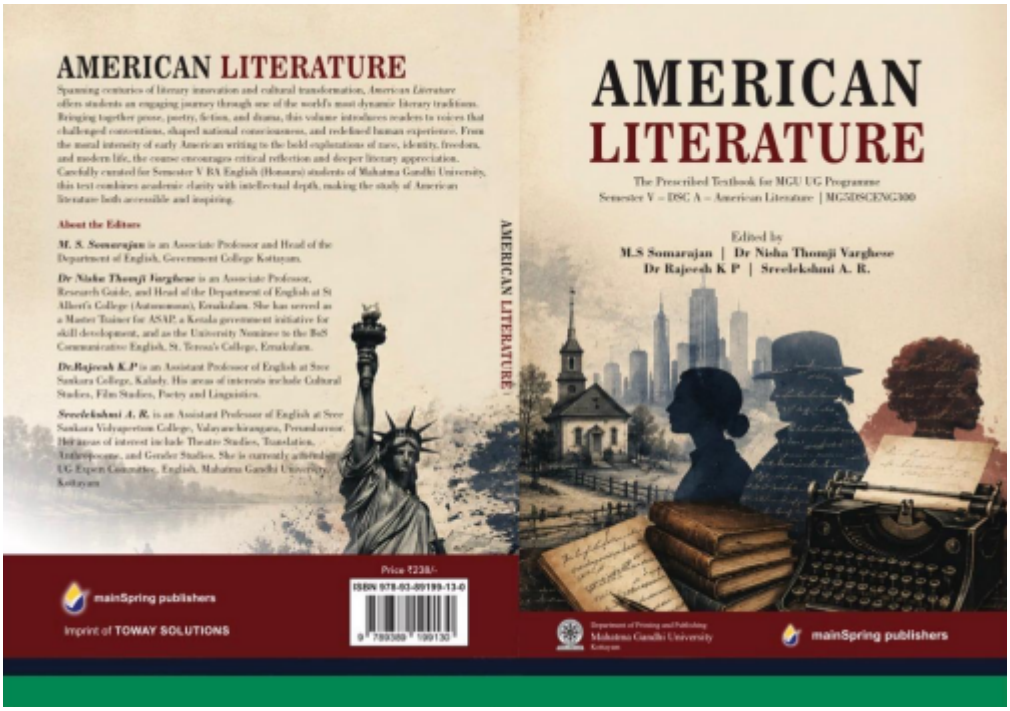
Dr. Mary Sapna Peter Miranda, Assistant Professor in the Department of English (Aided) at St. Albert's College, has co-authored/edited two textbooks prescribed for Mahatma Gandhi University's fifth-semester English curriculum: Narratives of Africa: Roots and Routes (Burlington English) and Literature from



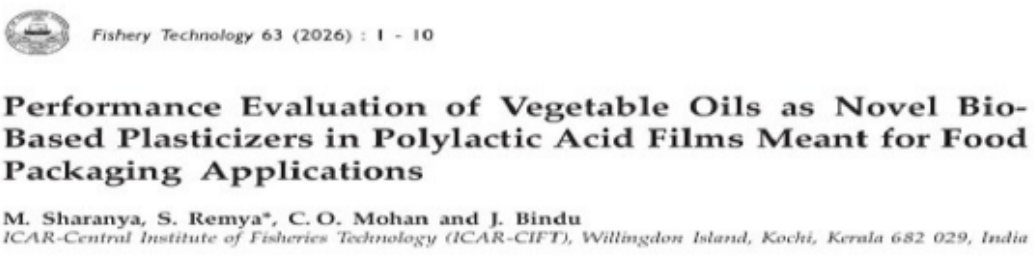




Dr. Nisha Thomji Varghese, Associate Professor and Head of the Department of English at St. Albert's College (Autonomous), has co-edited the newly published textbook American Literature. Published by mainSpring publishers for Mahatma Gandhi University's Semester V UG programme, the volume spans prose, poetry, fiction, and drama to guide students through dynamic literary traditions



Ms. Sharanya Manilal, Assistant Professor , Research Department of Fisheries and Aquaculture, on published a research paper entitled "Performance Evaluation of Vegetable Oils as Novel Bio-Based Plasticizers in Polylactic Acid Films Meant for Food Packaging Applications" in Fishery Technology, Vol. 63(2), 2026.



Principal Prof. (Dr.) Joseph Justin Rebello has added yet another prestigious academic achievement to his profile by earning an M.A. in Economics. This milestone serves as a continuous source of inspiration for the entire Albertian community.



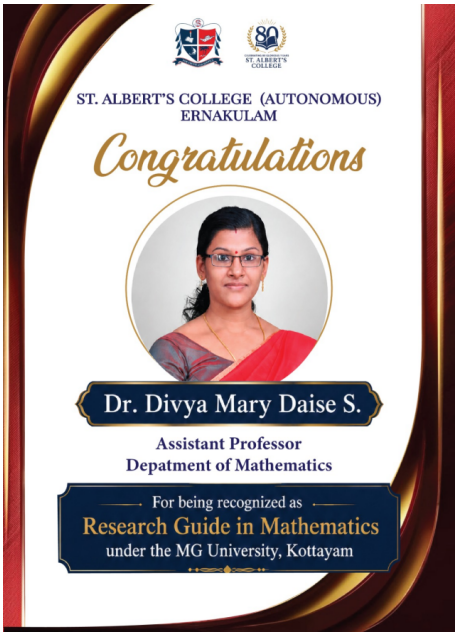
Assistant Professor of Zoology Dr. Deepthi Augustine has been appointed as the new Vice-Principal of the college. Her vision and commitment will continue to inspire the entire Albertian community on its journey of excellence.



Head of the Department of Commerce, Dr. Rosalind Gonzaga has been proudly nominated to the M.G. University Senate. Her nomination reflects her strong leadership and academic standing within the institution.



Assistant Professor of Mathematics Dr. Divya Mary Daise S. has been officially recognized as a Research Guide in Mathematics. This distinction is awarded under the authority of M.G.University, Kottayam.



Sub Lt. Dr. Vibin M has been detailed as the Contingent Commander of the Kerala & Lakshadweep Directorate contingent. He will lead the team for AINSC 2026, scheduled at INS Shivaji, Lonavala, from June 30th to July 12th, 2026.



Student Achievement

NC1 Alan Jinu and NC1 Harinandhana T P were successfully selected for the Pre-NSC-1 camp held at the Naval Base, Kochi, from June 10th to 17th, 2026.



NC1 Alan Jinu was also selected for the NSC Launch camp at the Naval Base, Kochi and the All India Nau Sainik Camp (AINSC) 2026 at INS Shivaji, Lonavala.





Justin Judy represented the Department of Physical Education in the 64kg men's wrestling category at the International Sambo Championship 2026-27 in the Philippines.



Aleena Vivera from the Department of Commerce and Research Centre successfully completed the prestigious CMA Exam.



Elvin Julian, Elia Anjana, and Blesson K Saji successfully completed the prestigious Chartered Accountancy (CA) exam from the Department of Commerce and Research Centre.



Shaijith Kallarakkal, a student of II BVoc FMPT, secured the second runner-up position in the Teenage Category at the Mr. India ICN championship, representing the Department of Physical Education.



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