



Estd. 1946

EXPRESSIONS

The Albertian Newsletter

● ● ● ● ● **St. Albert's College (Autonomous)**

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Editorial



Ms. Maria John

Honouring Our Roots, Reviving Our Language

November begins with a moment of pride for every Malayali as Kerala Piravi is celebrated on November 1. This day marks the birth of the state of Kerala. According to folklore, Parashurama created the land by reclaiming it from the sea with his axe. Over the years, Kerala's vibrant culture and the beauty of the Malayalam language have become symbols of identity and pride for Malayalis around the globe.

However, in changing times, many feel that Malayalam does not get the attention it truly deserves. Preserving the language and cultural traditions is a shared responsibility. In this context, the efforts of the Department of Oriental Languages deserve appreciation. Through a week-long celebration featuring literary discussions, cultural programs, and student participation, the department offered a chance to spark interest in Kerala's rich linguistic and cultural heritage. These efforts help students understand and appreciate the depth of their own traditions.

As the year slowly comes to an end, November also invites us to pause, reflect on our journey, and think about what we have learned. It reminds us to move forward while continuing to value the language and culture that shape our identity.

Office of the Dean Training and Development

Orientation program on ASAP courses

The Faculty Enrichment Program (FEP), which included a crucial Orientation program on ASAP courses, was successfully organized by St. Albert's College (Autonomous) on 20 November 2025. This vital initiative was coordinated by the Office of The Dean, Training and Development, the Centre for Corporate and Industrial Relations (CCIR), and the Internal Quality Assurance Cell (IQAC), in collaboration with the Additional Skill Acquisition Programme (ASAP).

The program achieved significant internal engagement, drawing the participation of 91 faculty members and tutors from both the Undergraduate and Postgraduate sectors, reflecting the institution's commitment to enhancing skill education.

The orientation was led by a distinguished panel of resource persons: Ms. Resmi Anne Thomas, the Associate Director of ASAP Central Zone, along with Ms. Rosemary Mathai and Ms. Anjana. They provided a comprehensive overview of the ASAP framework, emphasizing its relevance in modernizing the curriculum



and improving student employability. Key areas discussed included the course structure, effective integration methods, and the specific roles faculty members must adopt to ensure successful course implementation. The session concluded with a clear understanding of how ASAP aligns with institutional quality objectives. The program was expertly coordinated by Mr. Francis Adarsh and Ms. Gayathri Lal T. M.

Department of Oriental Languages

Language Week Celebrated at the College

The Oriental Languages Department of St. Albert's College (Autonomous), Ernakulam, in association with the National Service Scheme unit, observed Language Week 2025 as part of the college's 80th anniversary celebrations, highlighting the richness of the Malayalam language and Kerala's vibrant literary and cultural traditions.

The celebrations began on November 1 with a Language Pledge led by Dr. K. J. Augustine, Head of the Department of Languages. Teachers, non-teaching staff, and students took part in the pledge, followed by an exhibition that displayed administrative language terms.

On November 4, the programme Sahithya Sopanam featured Punnakkal Girijan Marar, retired principal of Vaikom Kshetra Kalapeedam and a Kerala Folklore Academy award winner, who introduced the traditional art of Sopana music and concluded the session with a presentation of Ashtapadi.

The third day focused on the theme "Urban Life and Language in Poetry." Poet and journalist S. Kalesh interacted with students, discussing the urban-rural dichotomy in contemporary poetry and presenting selected works.

On November 10, the programme "Through the Country Paths of Folk Songs" was organised under



the leadership of K. J. Augustine. Prashanth Pankan, Director of Kanjoor Nattupolima and a Kerala Folklore Academy award winner, delivered the keynote address and introduced students to diverse folk traditions, accompanied by instruments such as darbuka and kinchira. The celebrations concluded on November 21 with a vibrant Panchari Melam performance by student musicians, showcasing Kerala's rich percussion tradition. Through literary discussions, cultural performances, and active student participation, the week long observance highlighted the importance of language learning and the preservation of traditional art forms, paying a meaningful tribute to Malayalam and Kerala's cultural heritage.



Department of English

Exploring the Frontiers of Sports Journalism

On Monday, November 24, 2025, the Department of English, in collaboration with the Department of Physical Education and the Debate Oratory Club, hosted an insightful session titled “Beyond Action Replays: Career in Sports Journalism and its Creative and Social Potential.” The event featured Mr. Leslie Xavier, Content Head and Quality Control Lead, who brought 19 years of industry expertise to the forum.

A national wrestler and veteran of Asian Games coverage, Mr. Xavier offered a unique perspective on merging athletic passion with professional reporting. Students were introduced to the "Athlete-Reporter Dynamic" and the diverse career avenues available in print, visual media, and digital platforms like podcasts and apps. The session, which began with a welcome by Ms. Sameera Usman (II MA English) and a felicitation by the Head of the Department Dr. Nisha Thomji Varghese, concluded with a vote of thanks by Ms. Drishya Dilip.




Department of Mathematics

A.J. Peter Memorial Quiz Competition

On November 6, 2025, Department of Mathematics, hosted the A.J. Peter Memorial Quiz Competition, a high-energy event that brought together ten talented teams for a showcase of academic rigor and quick thinking. The program commenced with a warm welcome by Ms. Jeema Jose, who paid tribute to A J Peter, setting a respectful and competitive tone for the day. The contest began with a challenging preliminary written round, from which the top five teams emerged to battle in a three-round Grand Finale. In a thrilling conclusion, the team of Advait A. Shenoy and Karthik

Anil Shenoy (St. Sebastian's HSS) clinched the first prize of 2000. They were followed by Aravind P. and Aaron Joseph (St. Joseph's HSS, Thrikkakara) in second place with a 1000 prize, and Cilia Kiran and Poulin Mervvel (St. Mary's HSS, Vallarpadam) in third.

The ceremony was graced by Chairman Rev. Dr. Antony Thoppil, Principal Dr. Joseph Justin Rebello, and HoD Mrs. Divya Mary Daise. The event owed its success to the seamless collaboration between faculty members Ms. Golda Mary Joseph, Ms. Ashlyn Maria Mathai, Mr. Sooraj Kiran, and a dedicated team of student volunteers, all of whom helped foster an environment of intellectual excellence.



Interview Skills Training Session “Ace Your Interview with Confidence”

On November 27, 2025, the Placement Cell hosted a high-impact training session titled “Ace Your Interview with Confidence.” Held in Room B207, the workshop aimed to bridge the gap between academic life and professional recruitment. The session was led by Ms. Riya Joseph, a seasoned Compliance Investigator and Mentor with extensive experience at global firms including Stripe, Adyen, and PayPal. Drawing from her corporate background, Ms. Riya Joseph provided students with an “insider’s view” of modern industry expectations. Throughout the four-hour program, 50 enthusiastic participants explored critical topics such as professional etiquette, resume optimization, and effective communication. Special focus was placed on mastering body language and navigating both HR and technical interview rounds.

The event’s success was a testament to the seamless collaboration between the faculty coordinators and the dedicated student volunteer team. Students walked away with practical strategies and renewed confidence, marking a significant step forward in their career development.



Mud to Marvel: Hands on Training in 'Mud Crab Fattening'

A one-day hands-on training programme on Mud Crab Fattening using Recirculatory Aquaculture Systems (RAS) was organized by the Research Department of Fisheries and Aquaculture on 22nd November, 2025 at Mellano Hall. The programme aimed to impart practical, sustainable and skill-oriented training on efficient mud crab fattening practices using RAS technology. The technical session was led by Mr. Arun Das, CEO, STEM Systems, who provided hands-on training on mud crab biology, RAS setup, crab handling, feeding, water quality management, disease control, harvesting and post-harvest practices, promoting entrepreneurship and sustainable aquaculture.



Talk with the Scientist Programme: Understanding Fish Nutritional Needs for Sustainable Farming

The Research Department of Fisheries and Aquaculture, St. Albert's College (Autonomous) organized a 'Talk with the Scientist Programme' on 27th November, 2025 in association with SEA Club, for II Year and III year B.Sc. Aquaculture students. Dr. Sanal Ebeneezar, Scientist, Marine Biotechnology, Feed Nutrition and Health Division, ICAR-CMFRI, Kochi, served as the resource person and delivered a lecture on 'Understanding Fish Nutritional Needs for Sustainable Farming'. The session focused on the nutritional requirements of finfishes



and sustainable feed ingredients and alternative protein sources due to the global decline in fish meal availability. Dr. Sanal demonstrated practical feed formulation, explained feed preparation methods such as hand pelletization and extrusion and introduced Black Soldier Fly (BSF) larvae as a sustainable protein source. He also highlighted CMFRI's successful development of a pompano feed with complete fish meal replacement using BSF protein. The programme concluded with an interactive discussion, enhancing students understanding a sustainable fish nutrition and eco-friendly aquafeed practices.

Department of Travel and Tourism

Workshop on Grooming and Self Presentation

The Department of Travel and Tourism, St. Albert's College (Autonomous), Ernakulam organized a Workshop on Grooming and Self Presentation on 13th November 2025 as part of its initiative to enhance students' personal and professional development skills. The session, titled "The Art of Self-Presentation: Grooming and Self-Care for Students", aimed at equipping students with essential insights on grooming standards, confidence-building, and effective presentation etiquette. The session was handled by Ms. Remya Jinu, Centre Head, Wright International Aviation Management, who shared her valuable experience and professional tips on maintaining a positive personality and appropriate workplace appearance. She emphasized the importance of first impressions, professional grooming, and the role of self-care in boosting confidence and employability. Students actively participated in the interactive session and appreciated the practical insights shared by the resource person.

St. Albert's College (Autonomous) Ernakulam
Banerji Road, Ernakulam, Kochi-682018, Kerala, India

WORKSHOP ON GROOMING AND SELF PRESENTATION
"THE ART OF SELF-PRESENTATION: GROOMING AND SELF-CARE FOR STUDENTS"

3 **CONFIDENCE BUILDING**
4 **PROFESSIONAL GROOMING**
8 **POSITIVE PERSONALITY**

12 NOV, 2025
Class: 206 B
04:00-5:30 PM

MS. REMYA JINU
Centre Head Of
Wright International Aviation
Management

Head Of The Department Ms. Surya Mathan, Department Co-ordinator Ms. Subi Binu
Student Co-ordinators Ms. Adithya P S



Department of Botany

International Prosthetics and Orthotics Day

The Society of Prosthetics and Orthotics Kerala (SPOK) in association with the Department of Botany and the Committee for Students with Disability of St. Albert's College (Autonomous) (SACA), Ernakulam, celebrated International Prosthetics and Orthotics Day on 5th November, 2025 to promote awareness on assistive technologies and inclusivity for differently-abled persons.

An essay competition was conducted on the 31st of October, 2025 at 10 am at the Botany UG laboratory based on the theme "From Disability to Ability: The Role of Prosthetics and Orthotics in Inclusive Rehabilitation". Anciya Francis of PG Chemistry, Sreya M A of B.Com. Taxation (SF) and Steven T R of UG Physics were awarded the first, second and third positions respectively.

The inaugural session was led by Sri. K. Moideen Kutty, Managing Director, Kerala State Differently Abled Persons Welfare Corporation, Thiruvananthapuram. Rev. Dr. Antony Thoppil, Chairman and Manager, SACA and Dr. Joseph Justin Rebello, Principal, SACA addressed the gathering.



Inauguration of Domain Club- Albotanica

The Domain Club, AlbotanicaA, was inaugurated by Squadron Leader Suhas Somanathan (Retd.), a distinguished alumnus of the 2005–2008 batch, on 17 November 2025 at 12:30 PM near the Botany Lab. The event commenced with a welcome address by Dr. (Prof.) K. Madhusudhanan, Head of the Department of Botany, followed by a presidential address delivered by Dr. (Prof.) Joseph Justin Rebello, Principal of St. Albert's College (Autonomous).

Significant highlights of the ceremony included the release of the annual diary, Anthesis 2024–25, accompanied by a video presentation and the official launch of the AlbotanicaA Instagram page. Felicitations were offered by Siju M. Varghese, Associate Professor, and Reol Jose, Student Association Secretary. The program concluded with a vote of thanks proposed by Mohammed Salih M.M., a final-year B.Sc. student.



Department of Commerce (SF) (AN)

Career Readiness Workshop Conducted for Commerce Students

The Department of Commerce (SF) at St. Albert's College (Autonomous) organized a Career Readiness Workshop in collaboration with Albertian Commercium Etairia on November 10, 2025. The programme was held at Mellano Hall from 2:00 to 3:30 p.m.

The session was led by Shono John Joseph, Chartered Accountant at DPSM & Co Chartered Accountants. He provided an overview of the Chartered Accountancy course, explaining its foundation, intermediate, and final levels, and emphasized the importance of practical training through articleship.

The workshop also focused on developing essential professional skills such as communication, analytical thinking, and proficiency in tools like Excel. The speaker highlighted various career opportunities in audit, taxation, corporate finance, and entrepreneurship, while also offering tips on managing stress and staying motivated. An interactive session helped students clarify their doubts and gain confidence about their career paths.

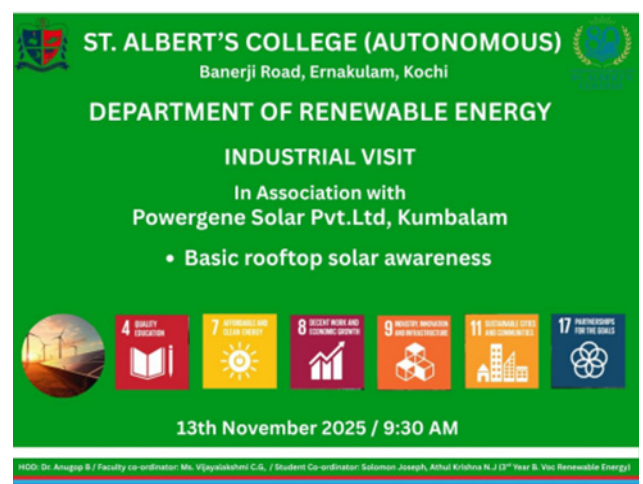


Department of Renewable Energy

Industrial Visit to Powergene Solar Pvt. Ltd

Students of the Dept of Renewable Energy visited Powergene Solar Pvt. Ltd, Kumbalam on November 13 as part of an industrial visit aimed at understanding the practical aspects of solar energy and its applications. The programme began with an introductory session by Dr. Jayakrishnan S V, Chairman of the company.

During the talk session, Dr. Jayakrishnan introduced the firm, outlining its goals and ongoing projects. He also explained the scientific fundamentals of solar



cells, including their manufacturing process and role in renewable energy production.

Following the session, students attended a demonstration on the company's solar energy storage system. Dr. Aiswarya Jayakumar, Director of Powergene Solar Pvt Ltd, facilitated a guided visit to different sections of the facility.

The visit helped students familiarise themselves with various components used in solar installations, including different types of solar panels, inverters, lightning arrestors, and other related equipment. The interactive sessions with the resource persons also gave students an opportunity to clarify their doubts and gain practical insights into the functioning of solar energy systems.



Department of Fitness Management

Expert Talk Highlights Career Opportunities in the Fitness Industry

The B.Voc Fitness Management and Personal Training Department of St. Albert's College (Autonomous), Ernakulam, organised an Industrial Expert Talk on the topic "A Career in Fitness: Turning Knowledge Into Impact" at Mellano Hall. The session aimed to help students understand the expanding fitness industry and the diverse career opportunities it offers.

The session was led by lifestyle expert and fitness coach, Rajiv Ambat, who spoke about current trends in the fitness industry, common issues observed in gyms, and the importance of professional knowledge and responsibility among aspiring fitness trainers. He also shared insights on building a strong and impactful career in the field.

Joining the session was Rayaana Philip, an employee of the institution and an alumnus of the department, who shared his personal career journey and encouraged students to make the most of opportunities within the industry.

The programme concluded with an interactive discussion session where students engaged with the experts and clarified their doubts regarding career paths, skill development, and industry expectations.



Department of Social Work (MSW)

Novare Logo Launch

The logo of the International Conference NOVARE was unveiled on 6th November 2025 at 1:30 PM in Baccinelli Hall. The programme began with an energetic flash mob, followed by a brief introduction to the vision and purpose of NOVARE. A countdown heightened the excitement before the much-awaited logo was officially launched, accompanied by the conference theme song. The unveiling was carried out by Prof. Dr. Joseph Justine Rebello (Principal), Rev. Dr. Antony Thoppil (Chairman), Rev. Fr. Shine Pauly (Vice Chairman), and Rev. Fr. Jenson Livera. The event concluded on an inspiring note, leaving the audience eager for the upcoming NOVARE International Conference.



Department of Logistics

Hop on Digital Marketing

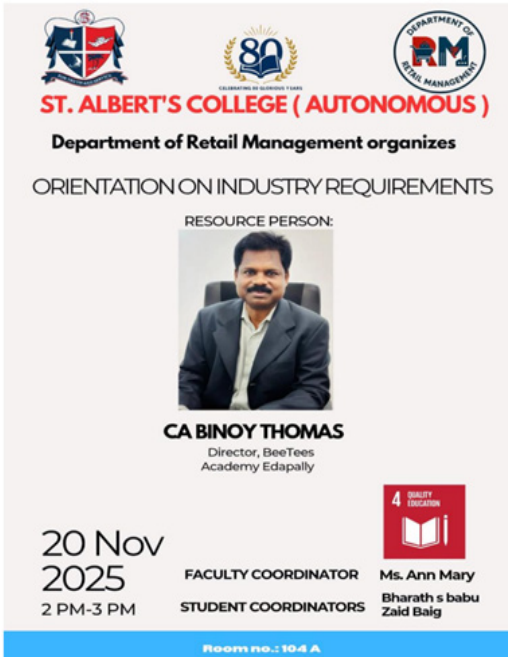
A workshop on “Hop on Digital Marketing” was conducted for the Second Year B.Voc Logistics Management students on 19-11-2025 at 12:30 PM in Room No. 103D. The session was led by Mr. Jitto Jose, CEO of Internet Leads Training, Doptit Pvt. Ltd., Twinkle Code, and iBot Solution. The purpose of the workshop was to impart knowledge about various digital marketing platforms and their importance in today’s business environment. During the session, he explained the influence and reach of digital marketing activities and demonstrated the best practices to be followed in this field. He also discussed the financial benefits that can be earned through digital platforms, including income generated through each click and online engagement. Overall, the session was informative and inspiring, and students felt that it opened up new and enhanced career opportunities in the field of digital marketing.



Department of Retail Management

Orientation on Industry Requirements

The Department of Retail Management of St. Albert's College (Autonomous) organized an orientation session titled "Orientation on Industry Requirements" on 20 November 2025 in Room No. 104 A. The session was led by CA Binoy Thomas, Director of BeeTees Academy, Edappally, who shared valuable insights on current industry expectations, essential skills, and career opportunities in the retail sector. He emphasized the importance of communication, professionalism, analytical thinking, and continuous learning for employability. The interactive session helped students understand real-world industry demands and align their academic learning with practical skills. The programme was coordinated by Ms. Ann Mary, along with student coordinators Bharath S. Babu and Zaid Baig, ensuring its smooth execution.



The poster features the logos of St. Albert's College (Autonomous), the Department of Retail Management, and BeeTees Academy. It includes a portrait of CA Binoy Thomas, Director of BeeTees Academy Edappally. The event details are: 20 Nov 2025, 2 PM-3 PM, Room no.: 104 A. The Faculty Coordinator is Ms. Ann Mary, and the Student Coordinators are Bharath s babu and Zaid Baig. A '4 Quality Education' logo is also present.



Department of Computer Science

PROETHICS – Soft Skill Development Program

The Department of Computer Science, in association with its domain club Techtonics of St. Albert's College (Autonomous), Ernakulam, organized PROETHICS – Soft Skill Development Program to enhance students' professional and employability skills. The 10-hour training was conducted for S6 B.Sc. Computer Science (2023–2026 Batch) and S4 M.Sc. Computer Science (2024–2026 Batch) students. The sessions, led by Ms. Ami Venkiteswara from Aptitech Training Solutions, Thripunithura, focused on Group Discussion, Resume Preparation, and communication Skills. Through mock discussions, resume-building exercises, and practical activities, students gained valuable insights into interview expectations and industry readiness. The programme received highly positive feedback, and the department plans to continue such initiatives to support holistic student development.



**St. Albert's College (Autonomous),
Ernakulam**

Department of Computer Science
Techtonics Presents

PROETHICS

Soft Skill Development
Training

Resource Person

Amritha Venkiteswara
Soft Skill Trainer,
Aptttech Placements and Training

8:00 AM

19/11/25 &
20/11/25

308 D Block

Faculty Coordinator: Creeshma R
Student Coordinator: Akshay Francis
Sam Babu



Tech Shield Talk Raises Cyber Security Awareness

The Department of Computer Science at St. Albert's College (Autonomous), Ernakulam, organized a special talk on cyber security titled "Tech Shield – Empowering Minds for a Safer Cyberspace" on November 7, 2025. The programme was conducted as a co-curricular activity by the department's Techtonics Club. The session was led by Anwar Swadique, Senior Cyber Security Researcher at Offenso Hackers Academy. He shared insights on emerging cyber threats and the importance of building awareness and responsible digital practices among students. The talk aimed to equip participants with basic knowledge of cyber security and encourage safe engagement in the digital world. Students actively attended the session, making it an informative and engaging learning experience.



**St. Albert's College (Autonomous),
Ernakulam**

Department of Computer Science
Techtonics Presents

TECH SHEILD

EMPOWERING MINDS FOR
A SAFER CYBERSPACE

07 NOV

4 days duration
9 months duration on completion

Anwar Swadique
Senior Cyber Security Researcher,
Offenso Hackers Academy

9.30 - 11.00AM

Mellano Hall

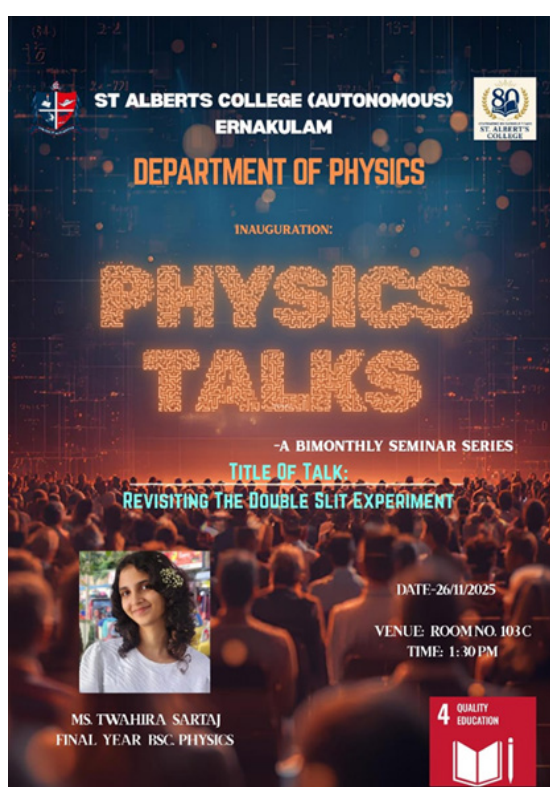
Faculty Coordinator: Sreya Bridgit K B
Student Coordinator: Joseph Johan Jibi
Akhila viju



Department of Physics

Physics Talks

The Department of Physics launched its bimonthly seminar series, “Physics Talks,” on 26 November 2025 in Room 103. The initiative aims to encourage UG and PG students to present engaging topics beyond the core syllabus, helping them build confidence, overcome stage fear, and deepen their interest in Physics. The platform also promotes healthy academic discussions among students and faculty, with plans to invite external experts in the future. The inaugural talk was delivered by Ms. Twahira Sartaj, a final-year UG student, on “Revisiting Young’s Double Slit Experiment.” The 25-minute presentation began at 1:30 p.m. and was followed by an interactive discussion. The session was attended by 57 students and 7 faculty members. The enthusiastic response and student participation marked a promising beginning for the series, which will continue twice every month.



Department of Commerce

Interview Success Strategies

The Department of Commerce and Research Centre organized a training session on “Interview Success Strategies,” conducted by Ms. Riya Joseph from the B.Com Taxation (2011–2014) batch. The session provided students with valuable guidance on how to present themselves confidently and professionally during job interviews. It covered key topics such as effective communication, body language, common interview questions, and strategies to highlight skills and experience. Practical tips and examples helped participants understand how to make a strong first impression. Overall, the session was informative and interactive, helping to boost the confidence of the attendees to perform better in future interviews. The program concluded with a vote of thanks delivered by Ms. Avril Dotty D’Silva. A total of 60 students attended the session.

ST. ALBERT'S COLLEGE(AUTONOMOUS) . ERNAKULAM
DEPARTMENT OF COMMERCE AND RESEARCH CENTRE

Organises

INTERVIEW SUCCESS STRATEGIES



4 QUALITY EDUCATION



9 INDUSTRY INNOVATION AND INFRASTRUCTURE



🕒 11:30 AM
📅 26 NOVEMBER 2025
📍 ROOM NO :

RIYA JOSEPH
Compliance Investigator | Trainer
| Mentor
Ex-Stripe | Ex-Adyen | Ex-PayPal
B.Com Taxation (2011-2014)

STUDENT COORDINATOR
AVRIL DOTTY D'SILVA

FACULTY COORDINATORS
DR.ROSALIND GONZAGA (HOD)
MRS.RENCY JOSEPH



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