



Estd. 1946

EXPRESSIONS

The Albertian Newsletter

St. Albert's College (Autonomous)

Established and Administered by Archdiocese of Verapoly
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• Banerji Road, Ernakulam, Kochi - 682 018, Kerala, India • www.alberts.edu.in • newsletter@alberts.edu.in • Ph : 0484 239 245 •

Editorial



Ms. Maria John

August was a month of pride and celebration on our campus, marked by Independence Day and Onam festivities. Both occasions, though different in essence, highlighted the values of unity, gratitude and collective spirit.

Independence Day inspired us to reflect on the sacrifices behind our freedom and reminded each one of us of our responsibilities as citizens of the country. The flag hoisting ceremony and the various activities organised as part of the celebration helped strengthen our sense of national identity.

Onam, celebrated soon after, brought vibrant colours, cultural expressions and a spirit of togetherness. The legend behind Onam is the annual homecoming of the generous King Mahabali to visit the people of Kerala. The campus came alive with floral carpets, the traditional Onam Sadhya and cultural events, as we welcomed Maveli with enthusiasm. The festival reminded us that harmony and inclusiveness are at the heart of every meaningful celebration.

Together, these events taught the Albertians that true progress lies in combining patriotic responsibility with cultural pride. Let this spirit guide our journey ahead.

TARANGA BANNER RELEASE

The Onam Celebration Banner Release Ceremony was held at St. Albert's College (Autonomous) on 26th August 2025 at 1.45 pm with great enthusiasm and festive spirit. The program marked the official commencement of the Onam festivities in the campus, bringing together students, teachers, and staff.

The event was inaugurated by the Registrar of the college, Rev Fr. Shine Pauly Kalathil. The banner, designed by the college students, beautifully captured the essence of Onam, symbolizing Kerala's rich culture, tradition, and unity. The event was coordinated by the College Union with active participation from students who contributed in designing the banner and organizing the program. The banner release marked the beginning of a series of programs planned for the Onam celebration.



Campus Rings with the Spirit of Onam: Taranga- A

St. Albert's College (Autonomous) organized Taranga - Onam Celebrations on 27th August 2025 with great enthusiasm and cultural spirit. The event brought together students, faculty, and staff in a vibrant display of Kerala's rich traditions, music, dance, and festivities. The celebrations commenced at 8.30 A.M with the rhythmic beats of Chendamelam, setting an energetic and festive tone. Following that, the inaugural ceremony was held where Principal Prof. Dr. Joseph Justin Rebello delivered the welcome address. Rev. Dr. Antony Thoppil, Chairman and Manager, emphasized the cultural and spiritual relevance of Onam in his Presidential Address. Afterwards, melodious traditional Onam songs were performed by the Music Club, captivating the audience. The Dance Club performed the graceful Thiruvathira dance, adding a cultural charm to the morning. Various Onam-themed contests, including Malayali Manka, Purusha Kesari, Mahabali & Vamanan and Tug of War showcased the festive spirit. Each department carried out in-class festivities, games, and cultural activities, enhancing the sense of togetherness. Mega Onasadhya was served at Papali Hall, enjoyed by the whole Albertian Family. The event concluded by 3.00 P.M with the spirited Chendamelam, marking the end of the Onam celebrations with unity and joy.



“Thira”: St. Albert's College and Radio Mango Light Up Onam Celebrations

A special Onam programme titled “Thira” was successfully conducted by Radio Mango in association with St. Albert's College (Autonomous), Ernakulam. The event took place on August 25th, from 11:00 am to 11:30 am, at the college premises.

The programme aimed to engage students through an interactive and entertaining session, while also spreading awareness about creative opportunities and collaborations. The organisers, along with the college management, ensured the smooth coordination of the programme. Students actively participated, making the event lively and memorable. The presence of Radio Mango added a unique charm, with their vibrant anchoring style keeping the audience enthusiastic throughout. Overall, Thira turned out to be an exciting and impactful programme that left a lasting impression among the college community.



Release of College Magazine 2024–25: Prathidhwani – Echoes of the Heart

The college magazine “Prathidhwani – Echoes of the Heart”, the 2024–25 edition, was officially unveiled during the Sponson 2025 Graduation Ceremony held on 14th August 2025 at St. Albert’s College (Autonomous), Ernakulam. The release, which took place amidst the day’s academic celebrations, added a heartfelt and nostalgic note to the event, perfectly aligning with the emotions of the graduating class.

Rev. Dr. Antony Thoppil, Chairman and Manager of the College, formally handed over the magazine to the Chief Guest, Prof. (Dr.) Dipankar Banerjee, Vice Chancellor, IIST, Thiruvananthapuram, who officially unveiled “Prathidhwani – Echoes of the Heart”. The occasion was graced by Prof. (Dr.) Joseph Justin Rebello, Principal, and Dr. Jincy Joseph, Dean of Student Affairs, who offered warm words of appreciation to the team behind the publication. The magazine team was led by Mr. Aromal A. P., Student Editor, and Dr. Soumya Salas, Staff Editor, under the creative guidance of Rev. Fr. Nibin Kuriakose, Assistant Manager, who was fondly acknowledged as “the man behind the design” of this year’s edition. Together with the support of the editorial committee and Union members, they shaped Prathidhwani into a vibrant reflection of the Albertian spirit. The magazine—“Prathidhwani – Echoes of the Heart” was presented jointly by the Office of Student Affairs led by Dr. Jincy Joseph and the College Union, led by Mr. Muhammad Yaser Sultan. The decision to release Prathidhwani during the Sponson Ceremony was deeply symbolic—intended to evoke nostalgia and to offer the outgoing students a meaningful connection to their cherished college memories.



ST. ALBERT'S COLLEGE
(AUTONOMOUS)
ERNAKULAM

Office of Student Affairs & The College Union 2024-25

**UNVEILING THE COLLEGE MAGAZINE
2024-25**

"PRATHIDHWANI"
Echoes of the heart



PAPALI HALL

9.30 a.m

14 / 08 / 2025



Sponson 2025

St. Albert’s College (Autonomous), Ernakulam, held its annual graduation ceremony, SPONSION 2025, on August 14th, 2025, at the Papali Hall. The day-long celebration of its graduating students was split into morning and afternoon sessions.

The morning session commenced with the Academic Procession at 9:10 AM, followed by the Inaugural Ceremony at 9:30 AM. His Grace The Most Rev. Dr. Joseph Kalathiparambil, the Metropolitan Archbishop of the Archdiocese of Verapoly and Patron, inaugurated the event. Prof. (Dr.) Dipankar Banerjee, Vice Chancellor of IIST, Thiruvananthapuram, delivered the Chief Guest Address and distributed certificates. Sri. Joannes George IRS, Additional Commissioner, Directorate of International Customs, Delhi, presented the Keynote Address.

A notable moment was the releasing of the Logo for the 80th Anniversary and the College Magazine (2024-25) at 10:30 AM. Ms. Amala Mary (MBA 2023-25) and Mr. Lijo Joy (MA Economics 2023-25) delivered the Valedictorian Speeches.

The afternoon session began at 2:00 PM with the Inaugural Ceremony. His Excellency Rt. Rev. Dr. Antony Valungal, Auxiliary Bishop of the Archdiocese of Verapoly, inaugurated the session and distributed awards to achievers. Prof. (Dr.) M Junaid Bushiri, Vice Chancellor of CUSAT, Kalamassery, delivered the Chief Guest Address and distributed certificates. Dr. George Ninan, Director of the Central Institute of Fisheries Technology, gave the Keynote Address. Ms. Sreelakhmi S (B Voc SNP 2022-25) delivered a Valedictorian Speech. Rev. Dr. Antony Thoppil, the Chairman and Manager, presided over the ceremonies. Both sessions concluded with the Oath Taking and a solemn Passing Out Ceremony, followed by the National Anthem.



St. Albert's College Partners with ASAP Kerala to Boost Student Employability

St. Albert's College (Autonomous), Ernakulam, has signed a strategic Memorandum of Understanding (MoU) with the Additional Skill Acquisition Programme (ASAP) Kerala to significantly boost student and community employability. The core of this partnership is the establishment of an ASAP Skill Development Centre (ASDC) right here on campus. This centre will serve as a dynamic hub, offering a diverse range of industry-relevant ASAP courses in online, offline, and hybrid modes to both our students and the general public. This collaboration goes beyond just offering courses.



It involves the joint development of customized training programs to guarantee that the skills taught are precisely aligned with current industry demands. Furthermore, the MoU ensures comprehensive support for participants, including full assistance with assessments and certification, internships and placement assistance. This strategic move underscores the college's commitment to creating a highly skilled talent pool, ready to meet the challenges of the competitive global job market.

Department of Fitness Management

Victory Vault 2025 – Sports Fest

Victory Vault 2025, a week-long sports fest was conducted by the BVoc Fitness Management department from 12th to 22nd August, 2025. The fest celebrated the spirit of sportsmanship and healthy competition among students. The fest began with a grand opening ceremony and an Olympic torch relay, followed by demonstration events such as yoga, judo, karate, and basketball, showcasing skill and discipline. Students from various departments enthusiastically participated in competitions including football, cricket, badminton, arm wrestling, chess, carroms, and tug of war, promoting fitness, teamwork, and leadership. The presence of accomplished alumni, who shared their inspiring success stories, added motivation and pride, making the event a memorable and enriching experience.



Department of Renewable Energy

Lab Visit at the International School of Photonics, CUSAT

The fifth-semester students of B. Voc. Renewable Energy visited the International School of Photonics at CUSAT on August 6, 2025. The visit was organized, under the guidance of Dr. Anugop B., Head in charge of the Renewable Energy Department, to enhance the understanding of key photonics concepts and their applications through exposure to state-of-the-art research facilities. During the visit, students explored the following laboratories and facilities: the Laser Laboratory (with demonstrations on laser operation and applications in energy and communication), the Fiber Optic Laboratory (with exposure to optical fibers, light transmission, and sensor technology), Characterization Tools (offering hands-on insights into material analysis and optical properties measurement), and Thin Film Fabrication Techniques (an introduction to deposition methods and their use in renewable energy devices such as solar cells). This practical exposure gained during the lab visit reinforced theoretical concepts and deepened student understanding of photonics and material characterization.

St. Albert's College (Autonomous), Ernakulam

Department of Renewable Energy

Lab Visit

Light matters: Laser lab experience
at
International School of Photonics, CUSAT

06/08/2025
1.30pm

International School of Photonics,
CUSAT

4 QUALITY EDUCATION
9 INDUSTRY INNOVATION AND INFRASTRUCTURE

Faculty Coordinator
Dr. Anugop B (Assistant Professor)

Student Coordinator
Philster Satish (III B. Voc. Renewable Energy)



Akshay Urja Day Celebration & Inauguration of Renovare Club

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ST. ALBERT'S COLLEGE (AUTONOMOUS), ERNAKULAM
Department of Renewable Energy
Celebrating
AKSHAY URJA DIWAS
 (RENEWABLE ENERGY DAY)
 with
Renewable Energy Club Inauguration

Inauguration
Guest of Honour:
Mr. Mohamed Shafeeq N
 Secretary, KREEPA
 Founder & CEO, Illumine Energy Pvt Ltd

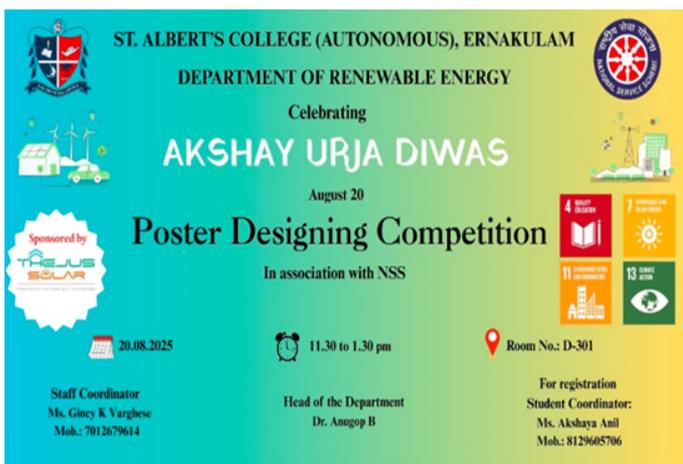
20 August 2025 | 09:30 AM | Bernard Hall
 HOD in Charge: Dr. Anugop B
 Faculty Co-ordinator : Ms. Cuckoo Joy
 Student Co-ordinators : Akshay Sunil, Kishan K Sanu

4 QUALITY EDUCATION
 7 AFFORDABLE AND CLEAN ENERGY
 9 INDUSTRY, INNOVATION AND INFRASTRUCTURE
 11 SUSTAINABLE CITIES AND COMMUNITIES



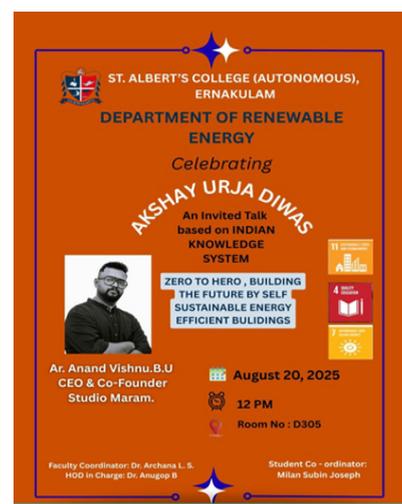
Poster Designing Competition

As a part of the Akshay Urja Diwas celebration on August 20th, 2025, a Poster Design Competition was conducted to promote the significance of renewable energy and energy conservation. The competition was open to students of Albert's Higher Secondary School, St. Antony's Higher Secondary School, and students of St. Albert's College. The competition witnessed enthusiastic participation, and the posters reflected innovative ideas and clear messages on the need for sustainable practices. After evaluation, the first prize was jointly awarded to Mr. Raphel Antony John of Albert's Higher Secondary School and Ms. Harinanhana M. A. of St. Albert's College. The event successfully created awareness among the young generation about the importance of adopting renewable energy sources and conserving energy for a sustainable future, and also highlighted their role in achieving the Sustainable Development Goals (SDGs) such as Sustainable Cities and Communities, Affordable and Clean Energy, Climate Action, and Quality Education.



Zero to Hero, Building the Future by Self-Sustainable Energy Efficient Buildings- Invited talk on Akshay Urja Day

The Department of Renewable Energy, St. Albert's College (Autonomous), Ernakulam, celebrated Akshay Urja Diwas on August 20th, 2025. As a part of the celebration, an invited talk was delivered by Ar. Anand Vishnu B. U., CEO & Co-Founder of Studio Maram, on the theme "Zero to Hero: Building the Future by Self-Sustainable Energy-Efficient Buildings." The session, based on the Indian Knowledge System, highlighted the importance of renewable energy, sustainable building practices, and their role in achieving the Sustainable Development Goals (SDGs), such as Sustainable Cities and Communities, Affordable and Clean Energy, and Quality Education. The event concluded with an interactive discussion, inspiring students to embrace eco-friendly and innovative approaches in their academic and professional pursuits.

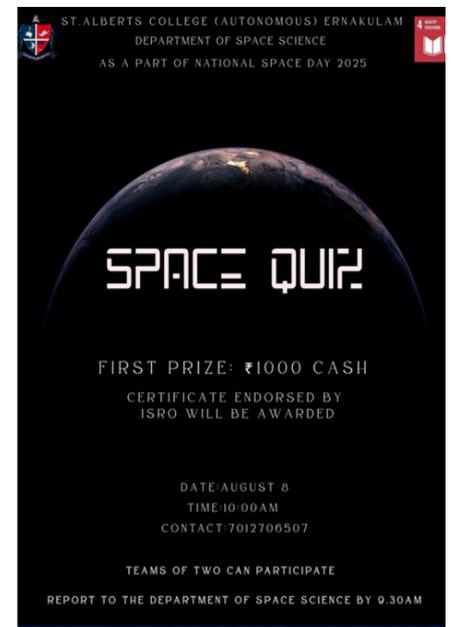




Department of Space Science

National Space Day Celebration – Space Quiz

The Department of Space Science at St. Albert's College (Autonomous), Ernakulam, marked National Space Day 2025 by successfully conducting a Space Quiz on August 8, 2025, which began with an address by HOD Mr. Ajo Pious. A total of 21 two-member teams participated in the competition, which covered four rounds: MCQ, Picture Identification, Buzzer, and Rapid Fire, providing a crucial platform to test their knowledge of space science. The top three teams, demonstrating exceptional knowledge and quick thinking, received ISRO-endorsed certificates. The winners were Able Sebastien and Prijo Prince (First Prize, including a 1000 cash award), Anosh Ignatious and Twahira Sartaj (Second Prize), and Taniya Tomy and Karthik S (Third Prize).



Poster Making Competition

The Department of Space Science, St. Albert's College, Ernakulam, hosted a digital Poster Making Competition on August 7, 2025, as part of National Space Day 2025. The competition, themed "From Aryabhata to Gaganyaan," successfully brought together 14 enthusiastic participants from various UG and PG departments to explore India's space journey using modern design tools. The one-hour event effectively fused education and artistic innovation, deepening students' knowledge of the national space legacy and enhancing their digital design skills. The top achievers were Anosh Ignatious (First Prize), Aibel James (Second Prize), and Twahira Sartaj (Third Prize).



Department of Medical and Psychiatric Social Work

Transactional Analysis workshop

As part of the educational activity designed to strengthen academic knowledge with experiential learning, the B.Voc Medical and Psychiatric Social Work and MSW students participated in a Transactional Analysis Workshop on August 26, 2025, held at Bernard Hall, St. Albert's College (Autonomous), Ernakulam. The workshop was facilitated by Mr. Lazar Thomas Mani, Associate Professor, who introduced participants to the fundamental principles of Transactional Analysis (TA)—a psychological framework that explores human behavior, communication, and interpersonal relationships. The session provided an interactive platform for students to understand key TA concepts such as Parent–Adult–Child (PAC) ego states, types of transactions (complementary, crossed, and ulterior), life positions, and the role of positive and negative strokes in shaping behaviour. Through hands-on experience, students actively engaged in identifying ego states in communication patterns and explored how these influence daily interactions in personal, academic, and professional contexts. Overall, the Transactional Analysis Workshop was an enriching and insightful experience. It successfully combined theory with practice, aligning with the department's vision of nurturing reflective practitioners. The program fostered essential professional values such as self-awareness, respect, and effective communication, reinforcing the importance of experiential learning in the holistic training of social work students.

ST. ALBERT'S COLLEGE (AUTONOMOUS) ERNAKULAM
 DEPARTMENT OF SOCIAL WORK
 B.VOC MEDICAL AND PSYCHIATRIC SOCIAL WORK
 Organizes

TRANSACTIONAL ANALYSIS WORKSHOP

26/08/2025
 2:00pm-4:00pm

Bernard hall

Faculty coordinator:
 Ms. Farhath Farook

Student coordinators:
 Amal V S
 Meenakshi P S

MR. LAZAR THOMAS MANI
 Associate Professor

4 QUALITY EDUCATION 3 GOOD HEALTH AND WELL-BEING



Research Methodology Workshop

The Department of Social Work (B. Voc. Medical and Psychiatric Social Work), St. Albert's College (Autonomous), Ernakulam, organized a Research Methodology Workshop on August 13, 2025. The session was led by Ms. Jeni Johnson, Assistant Professor at St. Albert's College, who provided valuable insights into the fundamentals of research methodology. The workshop focused on introducing students to the systematic process of research, including problem formulation, research design, data collection methods, and analysis. The interactive workshop aimed to strengthen students' research aptitude, enabling them to apply research methods in their academic and professional contexts. Students actively participated in discussions and clarified their doubts regarding various aspects of research methodology. The event was well-received by the participants, who expressed that the workshop enhanced their understanding of the basics of research.

ST. ALBERT'S COLLEGE (AUTONOMOUS), ERNAKULAM
 DEPARTMENT OF SOCIAL WORK
 (B. VOC. MEDICAL AND PSYCHIATRIC SOCIAL WORK)
 Organizes

RESEARCH METHODOLOGY WORKSHOP

13 AUGUST, 2025
 02:00 PM - 05:00 PM

CLASSROOM 205 D BLOCK

Ms. Jeni Johnson
 Assistant Professor
 St. Albert's College
 (Autonomous), Ernakulam

Faculty Coordinator:
 Ms. Gayathri Lal T M

Student Coordinators:
 Shaik Aman Famil V A
 Abhiram Anil

4 QUALITY EDUCATION



Inclusive Futures: A Session on Gender Sensitization and Social Responsibility

On August 12, 2025, the Department of Social Work (Medical and Psychiatric Social Work) conducted the two-hour session, "Inclusive Futures: A Session on Gender Sensitization and Social Responsibility," for MSW and MPSW students at Bernard Hall. Led by Mr. Victor John and Mr. Sanjo Steve, the event focused on fostering inclusivity regarding gender identity, specifically addressing transgender inclusivity through interactive discussion. Key topics included the distinction between transmen and transgender individuals, context on the Transgender

Persons (Protection of Rights) Act, 2019, and various support schemes by the Kerala Government (including financial aid, scholarships, and a 24x7 helpline). The session successfully highlighted the critical role of gender sensitization and social responsibility among the future social work professionals.

ST. ALBERT'S COLLEGE (AUTONOMOUS), ERNAKULAM
SOCIAL WORK DEPARTMENT
 (MEDICAL AND PSYCHIATRIC SOCIAL WORK)

Inclusive Futures: A Session on Gender Sensitisation and Social Responsibility



MR. VICTOR JOHN
 PROJECT COORDINATOR
 MARVILU TRANS GENDER CLINIC, VYTTILA (WELFARE SERVICES, ERNAKULAM)



MR. SANJO STEVE
 PROJECT ASSISTANT
 STATE TRANS GENDER CELL, TRIVANDRUM

TUESDAY 12 AUGUST 2025 AT 11:00 am to 1:00 pm
 VENUE: BERNARD HALL

FACULTY COORDINATOR: MS. JEFFY MARY THOMAS
 PROJECT COORDINATOR: MRS. HIRSHI JOSEPH
 PH: 987222945



Department of Fisheries and Aquaculture

Rising with the Tide: A Story of Courage and Equity

The Research Department of Fisheries and Aquaculture (RDFA), the Sea Club, and the NSS of St. Albert's College (Autonomous) successfully hosted "Rising with the Tide: A Story of Courage and Equity" on August 26, 2025, featuring Mrs. Rekha Karthikeyan, India's first licensed fisherwoman. The event, held at Bernard Hall, aimed to inspire resilience and gender equity in the fisheries sector. After welcome addresses from college management and a powerful documentary depicting the challenges of her work, Mrs. Rekha shared her personal struggles against poverty, discrimination, and cultural expectations, emphasizing the value of hard work, courage, and self-respect. The interactive session served as a powerful celebration of empowerment, advising students, especially young women, to believe in themselves and challenge the status quo.



Poster Making Competition-International Day against Drug Abuse and Illicit Trafficking

The Research Department of Fisheries and Aquaculture (RDFA) organized a Poster Making Competition on World Drug Day 2025 under the theme 'Breaking the Chains: Prevention, Treatment and Recovery for all'. The event, held from 11:30 a.m. to 1:30 p.m. at Room D211, saw enthusiastic participation from 29 undergraduate and postgraduate students across various streams. The competition commenced with a speech by Dr. Bijoy V M, HOD of RDFA, highlighting the campus's role in anti-drug activities. The event successfully fostered creativity and knowledge-sharing, using powerful visual messages to raise awareness and promote a drug-free lifestyle. Winners received mementos, and all participants were recognized for their efforts.

Department of Commerce

Report on the Inauguration of Albertian Commercium Etairia

The Department of Commerce, St. Albert's College (Autonomous), organized the Inauguration Ceremony of its official Commerce Association, Albertian Commercium Etairia, on August 22, 2025, at 9:00 a.m. in Mellano Hall. The event, marking the beginning of the new academic year's initiatives, was led by Dr. Rosalind Gonzaga (HoD). Dignitaries, including Chairman Rev. Dr. Antony Thoppil and Vice Principal

Dr. Retina Cleetus, addressed the gathering. The association was formally inaugurated by Mr. Martin A X, Senior Head of Accounts and Internal Financial Advisor at UR Rao Satellite Centre, ISRO, Bengaluru, who delivered the keynote address. His address focused primarily on sharing valuable insights from his professional journey and providing the commerce students with two critical pillars for success in their future careers: inquisitiveness and ethical grounding.

The program also included the inauguration of the student initiative "Sankalp" by cine artist Ms. Devaprabha Menon and the Oath Taking Ceremony for new office bearers, administered by Ms. Rajani Jayapalan. Furthermore, Mr. Martin A X released the Year Book and the creative publication 'Euphoria', with the proceedings concluding after a felicitation by Registrar Rev. Fr. Shine Pauly Kalathil and a Vote of Thanks by Ms. Steffi Rozario.



Department of Commerce signs an MoU with Indian Chamber of Commerce and Industry

On 15th July 2025 a Memorandum of Understanding (MOU) was signed between St. Albert's College Autonomous and Indian Chamber of Commerce and Industry. The purpose of this collaboration is to promote industry-academia partnerships, enabling opportunities for internships, industrial exposure, and collaborative initiatives. The event was coordinated by Dr. Rosalind Gonzaga and Ms. Neetha Francis and the student coordinators were Sandra Thomas and Riya Mariya.



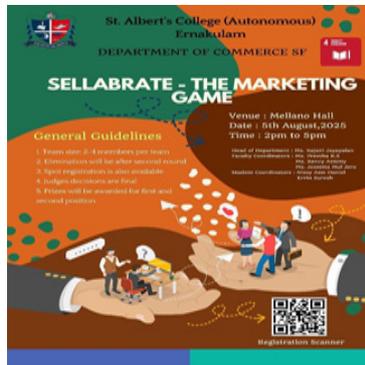
Financial Education for Young Citizens

The Department of Commerce and Research Centre, in partnership with Vivriti Capital's CSR Program, successfully conducted a two-day National Institute of Securities Market (NISM) Certificate Course on August 7th and 8th, 2025. The program was attended by 63 final-year B.Com and M.Com students and provided comprehensive instruction on the securities market, covering the importance of investments, financial opportunities, investment processes in primary and secondary markets, and overviews of Mutual Funds and Alternate Investment Funds (AIF). The engaging seminar, coordinated by Dr. Rosalind Gonzaga and Ms. Rency Joseph, concluded with an online MCQ examination, significantly enhancing students' understanding of investment methods.

Department of Commerce (SF) (AN)

Commerce Day 2025 Celebration

The Department of Commerce celebrated 'Commerce Day' on August 4, 2025, with great enthusiasm and fervor. The event was formally organized to commemorate the vital role and profound impact of commerce on the global economy and to foster a spirit of inquiry and competition among students. To mark the significance of Commerce Day, the Department of Commerce (SF-AN) successfully conducted a Flash Mob and four distinct competitive events across a two-day period. Activities on August 4, 2025, included the Flash Mob, an engaging performance executed by students to raise awareness; a Business Quiz, designed to test students' knowledge of corporate affairs, economics, and business history; and a Poster Making Competition, focused on visualizing contemporary themes in commerce and finance. Activities continued on August 5, 2025, with a Slogan Making Competition, which encouraged creative expression related to the field of commerce; and a Marketing Game, a practical, interactive session designed to simulate real-world market strategies and decision-making. Overall, the celebration was highly successful in engaging the student community and reinforcing the importance of commercial education through fun and competitive activities.



Department of Chemistry

Inauguration of CARE/Release of Alb-Chemy

The Department of Chemistry and Research Centre of St. Albert's College (Autonomous), Ernakulam, inaugurated the Chemistry Domain Club – CARE (Chemistry Association to Revive the Environment) on 26th August 2025.

The club was formally inaugurated by Chief Guest Dr. Chandramohan Kumar S, a well-known academician and researcher, who, in his keynote address, emphasized the role of chemistry in tackling climate change and urged students to view chemistry as a tool for environmental revival and societal progress. Dr. Shyju P., Director, C-SIS, in his subsequent keynote address, highlighted the relevance of chemistry in daily life and the importance of collective efforts toward sustainability.

As part of the Domain Club inauguration, the department released its annual diary, "Alb Chemy," showcasing initiatives of 2024–2025, and the student magazine "Elements." Dr. Chandramohan Kumar and Dr. Shyju formally released the publications, commending the department and editor Ms. Ancia Francis for their collective efforts. The inauguration marked a significant step in strengthening the department's commitment to academic excellence and environmental responsibility.



Chemistry departments signs MoU with Rubber Park India

The Department of Chemistry and Research Centre of St. Albert's College formally signed a Memorandum of Understanding (MoU) with Rubber Park India (P) Ltd on August 4, 2025. The ceremony was attended by Mr. George V. James, Managing Director, and Dr. Dileep P., Assistant Managing Director of Rubber Park.

In his keynote address, Mr. George highlighted that such collaborations serve as vital links between academia and industry, ensuring practical exposure and research opportunities for students. He assured full support from Rubber Park for joint projects, research initiatives, and internships. On behalf of the college, the Chairman signed the MoU, appreciating the Department for this proactive step. Principal Dr. Joseph Justin Rebello also addressed the gathering, describing the partnership as a milestone in advancing industry–institute collaboration.



Department of Chemistry Launches Industry Mentoring Programme with Rubber Park

The Department of Chemistry and Research Centre took a major step toward bridging academia and industry by launching an Industry Mentoring Programme named DISHA (Developing Industry Skills and Harnessing Aspirations), in collaboration with Rubber Park on August 29, 2025. This initiative is designed to provide students with industry-oriented insights, guidance, and mentorship from seasoned professionals. The inaugural session was led by distinguished industry leaders Mr. Jose Paul Meleth, Founder and Managing Director of Ferociter Technologies, and Dr. George V. James, Managing Director of Rubber Park. In their addresses, they emphasized the importance of adaptability, continuous learning, and innovation, highlighting diverse career opportunities within chemical industries and encouraging students to pursue ambitious goals. The session successfully highlighted industry best practices and reinforced the necessity of robust academia–industry collaboration, thereby creating a mentorship platform focused on enhancing student employability and professional growth.



Department of Sports Science and Fitness Management in collaboration with Department of Sports Nutrition and Physiotherapy

Breastfeeding Awareness Drive

The B.Voc Sports Nutrition & Physiotherapy and B.Voc Sports Science and Fitness Management Departments of St. Albert's College, in association with the Department of Clinical Nutrition & Dietetics of St. Teresa's College, Ernakulam, successfully commemorated World Breastfeeding Week 2025. The event was held on August 6, 2025, at Mellano Hall.

The program was executed under the theme, “Prioritize Breastfeeding – Create Sustainable Support Systems,” and featured an inspiring expert talk delivered by Mrs. Saro Rose Sebastian, Senior Dietitian at EMC Hospital, Kochi. Mrs. Sebastian's session provided critical insights and advocacy for maternal and infant health.

As a core part of the awareness campaign, students organized highly engaging activities, including a Poster Design Competition and a Flash Mob, specifically aimed at promoting breastfeeding as a cornerstone of infant and maternal well-being. The entire program, coordinated effectively by faculty members Ms. Minitha Susan Joseph and Ms. Anjana N.S, was successful in fostering widespread awareness and advocacy within the Albertian community.



From Question to Conclusion: The Art of Research

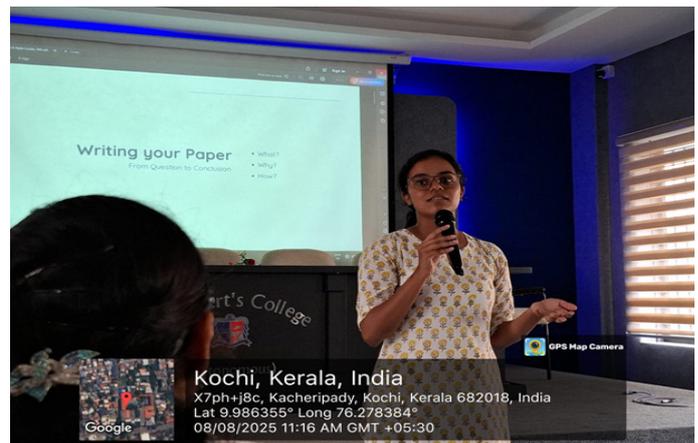
The Department of English, St. Albert's College (Autonomous), Ernakulam, hosted a highly enriching workshop on Research Methodology on 8 August 2025 at Mellano Hall. The session, titled "From Question to Conclusion: The Art of Research", was led by Ms. Ria Theresa Mathew, Research Scholar at St. Berchmans' College, Changanassery.

The programme commenced with a warm welcome address by Adhityan P. A. of III BA English, followed by an address by Dr. Nisha Thomji Varghese, Head of the Department where she highlighted the significance of research in shaping critical thinking, fostering academic integrity, and contributing to knowledge creation.

Ms. Ria Theresa Mathew captivated the audience with her clear and engaging presentation style, making complex research concepts both accessible and inspiring. She began by guiding students through the process of formulating well-defined research questions, emphasizing how a precise and relevant question lays the foundation for a successful study. In addition, she provided practical insights into conducting effective literature reviews, organizing and analyzing data systematically, and upholding the highest standards of academic integrity.

The session seamlessly transitioned into a lively and interactive Q&A segment, where students posed thoughtful queries, shared their own challenges, and received practical solutions. The collaborative atmosphere encouraged participants to think critically and explore innovative approaches to their research. The workshop not only deepened students' understanding of research methodology but also left them motivated and confident to embark on their academic research journeys with greater clarity and purpose.

The poster is for a workshop titled "From Question to Conclusion: The Art of Research" organized by the Department of English at St. Albert's College (Autonomous), Ernakulam. The speaker is Ms. Ria Theresa Mathew, a Research Scholar at St. Berchmans' College, Changanassery. The event is held at Mellano Hall on 08/08/2025 from 11:00 am to 01:00 pm. Faculty coordinators are Dr. Nisha Thomji Varghese and Dr. Cavya Deekshith M. Student coordinators are Ms. Sameera Usman, II MA and Ms. Mary Heana, III BA. The poster features a circular portrait of Ms. Mathew and a small icon of a book with the number 4.



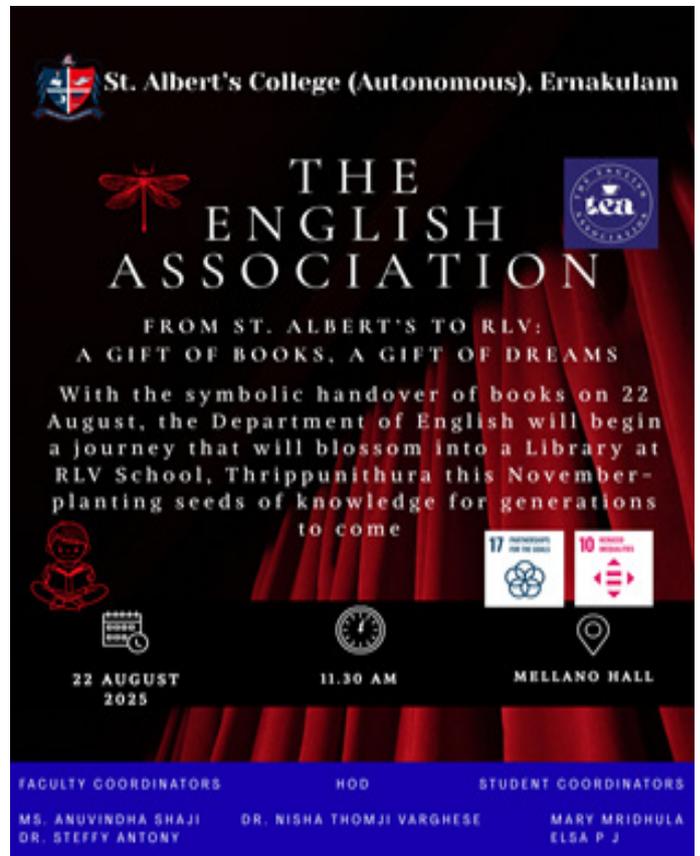
The English Association Inauguration and Community Outreach Project Launch

The English Association of St. Albert's College (Autonomous), Ernakulam, successfully hosted its Inauguration for the academic year 2025–26 on August 22, 2025, at 11:30 AM in Mellano Hall. The event, which marks the commencement of the department's annual activities, was graced by the presence of the distinguished author and poet, Ms. Sowmya Vidyadhar, who served as the Chief Guest.

A central element of the inauguration was the official launch of the Association's community outreach project, titled "From St. Albert's to RLV: A Gift of Books, A Gift of Dreams." This initiative aligns directly with the college's commitment to social responsibility and the Sustainable Development Goals (SDGs), particularly Quality Education (SDG 4) and Reduced Inequalities (SDG 10).

The project involves the Department of English beginning a journey to establish a fully functional Library at RLV School, Thrippunithura. The symbolic handover of books was conducted during the August 22 event, signifying the commitment to this large-scale endeavour. The project's ultimate goal is to complete the library establishment by November, thereby "planting seeds of knowledge for generations to come." This venture also emphasizes the spirit of Partnerships for the Goals (SDG 17) necessary for its successful execution.

The event was conducted under the guidance of the Head of the Department, Dr. Nisha Thomji Varghese. The faculty coordinators were Ms. Anuvindha Shaji and Dr. Steffy Antony, with student coordination provided by Mary Mridhula and Elsa P J.

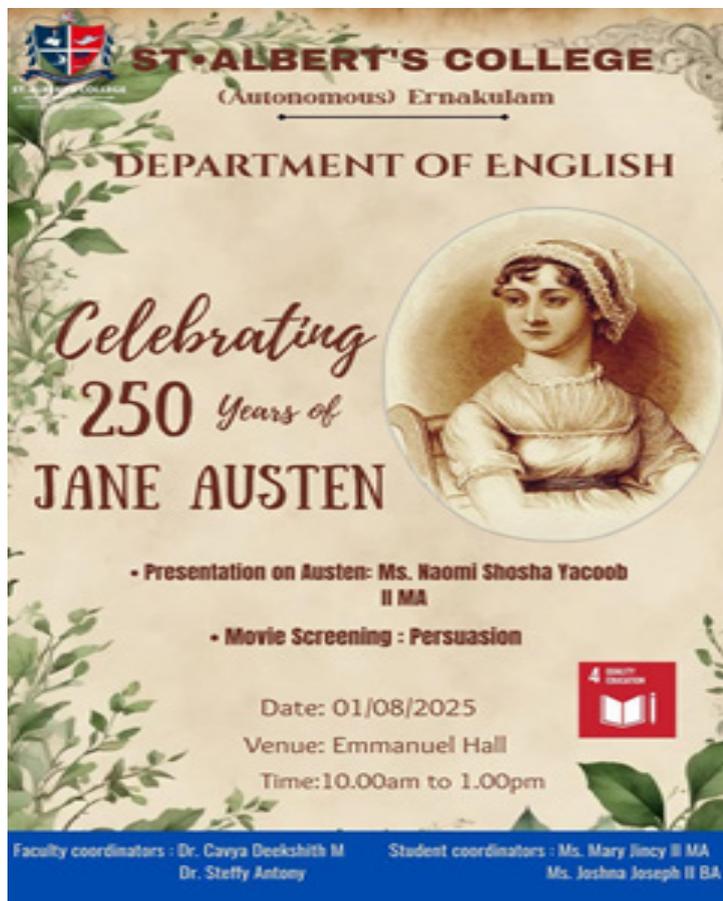


Celebrating 250 Years of Jane Austen

The Department of English commemorated the 250th birth anniversary of Jane Austen with an event titled "Celebrating 250 Years of Jane Austen" at Bernard Hall on August 1, 2025. The celebration, coordinated by students and the faculty, successfully aimed to highlight Austen's enduring literary contributions and contemporary relevance. The program commenced with an insightful talk delivered by Ms. Naomi Shosha Jacob (MA English) on Austen's life and legacy. The session continued with a special screening of the movie "Persuasion", based on one of Austen's most



acclaimed novels. Adding a layer of visual engagement, the event featured a dedicated Jane Austen Wall showcasing her life and powerful quotes, alongside a student-run stall selling handmade bookmarks. The successful celebration provided an enriching literary experience and deepened the participants' appreciation for Austen's timeless legacy.



Department of Journalism

Journalism Association Inauguration

The inauguration of the Journalism Association took place on August 25, 2025, at 1:30 PM in the Mellano Hall at St. Albert's College (Autonomous). Mr. Julian Tom Job, Head-in-Charge of the Department of Journalism, delivered the welcome address. Rev. Fr. (Dr.) Shine Pauly Kalathil, Registrar of St. Albert's College (Autonomous), gave the presidential address, and Dr. Joseph Justin Rebello, Principal, addressed the gathering.

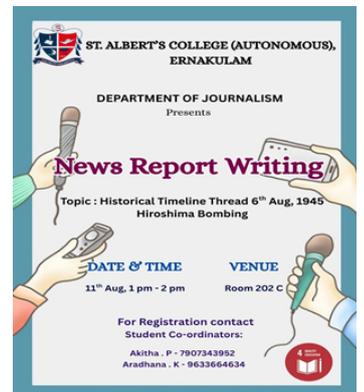
Following the ceremonial lamp lighting, Ms. Akansha Damodhar, a student in the IIIrd B. Voc. Journalism and Mass Communication program, introduced the guest. Ms. Sujaya Parvathy, Coordinating Editor at Reporter TV, formally inaugurated the Journalism Association and delivered the keynote speech. Mr. Julian Tom Job then led the oath-taking ceremony. Ms. Aakitha A. G., a student of 1st B.Voc. Journalism and Mass Communication, spoke on behalf of the media association. Mr. Saigal, Secretary of the Journalism Association, proposed the vote of thanks.

The event was a significant milestone for the association, highlighted by the active participation of students in various roles. Ms. Sujaya Parvathy shared valuable insights from her experience as a media professional during her inaugural speech.



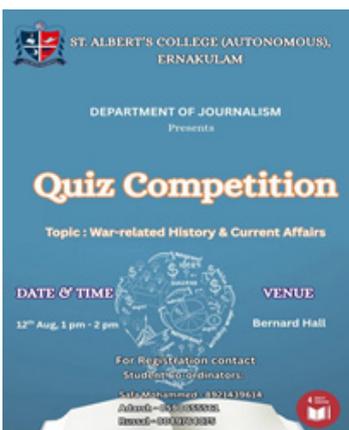
News Report Writing on “Historical Timeline Thread 6th Aug 1945 Hiroshima Bombing”

The Department of Journalism at St. Albert’s College organized a thought-provoking News Report Writing Competition on August 11, 2025, centered on the theme, “Historical Timeline Thread: August 6th, 1945 – Hiroshima Bombing.” The competition invited students to recreate the harrowing day through the lens of a journalist, challenging them to combine facts, empathy, and journalistic precision while balancing emotion with objectivity in their powerful written narratives. The entries reflected deep research and creativity, earning praise from the judges for their gripping headlines and impactful storytelling. Ultimately, the successful event not only enhanced students’ writing and analytical skills but also fostered critical reflection on peace, humanity, and the media’s responsibility, aligning with Sustainable Development Goal 4 (Quality Education) by inspiring participants to see journalism as a vital voice for truth and change.



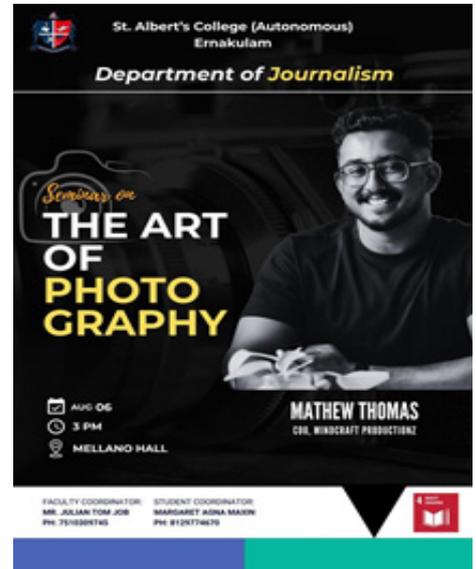
Quiz Competition on War-related History & Current affairs

The Department of Journalism at St. Albert’s College hosted a thrilling Quiz Competition on August 12, 2025, centered on the theme “War-related History and Current Affairs.” The event successfully engaged students from various batches, challenging their knowledge on topics ranging from ancient battles to modern conflicts and peace efforts. Beyond testing facts and figures, the competition aimed to foster critical thinking and an understanding of how historical lessons connect to the present world. The event was an inspiring success, supporting SDG 4 (Quality Education) by promoting skill-based learning and deepening students’ awareness of the dynamic link between history and current affairs.



Seminar on The Art of Photography

The Department of Journalism at St. Albert's College organized a seminar titled "The Art of Photography" on August 6, 2025, aimed at enhancing the creative and technical skills of its students. The highly interactive session was led by Mr. Mathew Thomas, Chief Operating Officer of Mindcraft Productionz, who shared his extensive professional experience in photography and visual storytelling. The seminar was a resounding success, inspiring participants to explore photography as a potential career path, successfully contributing to SDG 4 (Quality Education) by providing valuable skill-based learning.



Poster-Making on "The day the sky burned"

The Department of Journalism at St. Albert's College organized a Poster Making Competition titled "The Day The Sky Burned" on August 12, 2025. The event successfully encouraged students from various batches to blend art, creativity, and purpose, using visual design to share meaningful messages and raise awareness. The competition was a huge success, inspiring participants to explore their creative talents and use art as a voice for change, thereby supporting SDG 4 (Quality Education) through skill-based learning beyond the classroom.



Inauguration of BBA Domain Club, E.D.G.E

The Department of Business Administration at St. Albert's College inaugurated its BBA Domain Club, E.D.G.E (Excellence in Development of Global Entrepreneurs), with the tagline "Where Business Begins," on August 25, 2025, at Mellano Hall. The event was graced by Chief Guest Mr. Antony Thomas Kottaram, Director – Nolta, whose insights inspired students toward excellence in entrepreneurship and global business. Coordinated by Ms. Serin Sajan, Ms. Nivya K M, and Ms. Mary Varghese, the club aims to nurture entrepreneurial skills and leadership, providing a vital platform aligned with SDG 4 (Quality Education) for holistic development and fostering a strong ecosystem of innovation.



Brand It! Ordinary Products Extra-ordinary ideas

The Department of Business Administration (AN) and its Domain Club, E.D.G.E., organized the branding event "Brand It: Ordinary Products, Extraordinary Ideas" on August 25, 2025, at Mellano Hall. This innovative duo challenge tasked participants with creatively reimagining and marketing everyday products, requiring originality, teamwork, and adherence to a strict 15-minute time limit. The event, coordinated by Ms. Rosmy Johnson, Ms. Jency Cheriachan, Joshua K. Aju, and Saniya Babu, successfully fostered creativity and promised cash prizes for the most compelling brand pitches. This programme aims to nurture innovative thinking, marketing skills, and the art of storytelling in branding among students.



Career Opportunities in Banking Sector

The Department of Business Administration (AN) of St. Albert's College, Ernakulam, organized an insightful session on "Career Opportunities in the Banking Sector" on August 11th. The session was led by Ms. Divya Kunnummal, Deputy Vice President and Cluster Head for Cochin-Branch Banking at Kotak Mahindra Bank. This interactive event successfully enlightened students about dynamic career paths in both public and private sector banking, with Ms. Kunnummal sharing her professional journey, an overview of current trends, recruitment processes, and the essential skills required to thrive in the industry.

ST. ALBERT'S COLLEGE (AUTONOMOUS) ERNAKULAM
Department Of Business Administration (AN)
Career Opportunities in Banking Sector

DIVYA KUNNUMMAL
Deputy vice President and Cluster Head for Cochin-Branch Banking, Kotak Mahindra Bank

August 11th
2PM to 3PM

Faculty Coordinator : Sumi Benziger
Student Coordinator: Aaron MJ



Social Media Marketing

The Department of Business Administration (AN), in association with the Office of the Dean, Training & Development, hosted a session on "Social Media Marketing" on August 8th at Mellano Hall. Ms. Sumithra K V, Digital Marketing Head at BoosterCatch Digital Marketing Academy, served as the resource person, equipping students with practical knowledge, strategies, and tools for the dynamic digital marketing field. This session, which was efficiently managed by faculty coordinator Ms. Nivya K.M, promoted skill development in line with SDG 8 (Decent Work and Economic Growth).

St. Albert's college (Autonomous) Ernakulam
Department of Business Administration (AN)
In association with Office of the Dean, Training & Development organizes a session on social media marketing

RESOURCE PERSON

Sumithra K V
Digital Marketing Head
BoosterCatch Digital Marketing Academy

FACULTY CO-ORDINATOR : NIVYA K.M
DATE : 08/08/2025
TIME : 2 pm to 3 pm
STUDENT CO-ORDINATOR : SULTHANA YASMIN
VENUE : MELLANO HALL



Department of Mathematics and Statistics

NSO Workshop

As part of the 75th anniversary celebrations of the National Sample Survey, the National Statistics Office and the Department of Mathematics & Statistics of St. Albert's College jointly organized a Workshop on the theme "MOSPI and Beyond: Careers in Statistics and their Role in Evidence-Based Governance" on 11th August, 2025. The first session was handled by Mr. Vibeesh E.M (ISS), who provided insights into the functions and importance of NSO in shaping government policies. The second session focused on "Career Opportunities in MOSPI & Statistics". This event was highly beneficial to students as it offered direct insight into careers in Statistics and the practical application of the field in Evidence-Based Governance, bridging academic learning with professional opportunities.



St. Albert's College (Autonomous), Ernakulam
Rev. Dr. A O Konnully Memorial Research Centre & Department of Mathematics & Statistics
in association with
Government of India
Ministry Of Statistics & Programme Implementation
NATIONAL STATISTICS OFFICE, SRO KOCHI
Organizes
MoSPI and Beyond: Careers in Statistics and Their Role in Evidence-Based Governance

Inauguration & Keynote Address
Shri. Vibeesh E. M. ISS
Deputy Director General, Kerala and Lakshadweep
NSO - (FOD), Regional Office,
Thiruvananthapuram

August 11
10:00 AM
Inauguration: Bernard Hall
Workshop: Mellano Hall

Faculty Coordinators
Dr. Divya Mary Daise (HOD)
Ms. Salsana E. N.
Ms. Parvathy Binu
Ms. Ramshobha P.B (853091182)

Student Coordinators
Tony Thomas
Bhadrha Hart



Research Club Inauguration

The Research Club "Mathfinity" was officially inaugurated on 18th August, 2025 to launch its activities for the academic year 2025-26. The ceremony was organized by the A.O. Konnully Memorial Research Center and the Department of Mathematics and Statistics and was highlighted by a special lecture from Dr. Aparna Lakshmanan S, Professor of Mathematics at CUSAT. The special lecture was on the topic "A problem from Geometry to Graph Theory."



St. Albert's College (Autonomous)
Ernakulam
Rev. Dr. A. O. Konnully Memorial Research Centre
Department of Mathematics and Statistics

**INAUGURATION
RESEARCH CLUB ACTIVITIES
2025 - 26**

Venue: St. Albert's College, Ernakulam
Department of Mathematics and Statistics
B Block
Room no: B204

Faculty Co-ordinators: Dr. Divya Mary Daise (HOD, 8943232028)
& Sooraj Kiran (9349169671)
Student Co-ordinators: Aswathy Mohan & Divya Maria PB

Special Lecture
"A Problem from Geometry to Graph Theory"

Dr. Aparna Lakshmanan S
Professor
Department of Mathematics
Cochin University of Science and Technology
Cochin-22, Kerala, India

Time: 11:30AM-12:30PM
Date: 18 August 2025

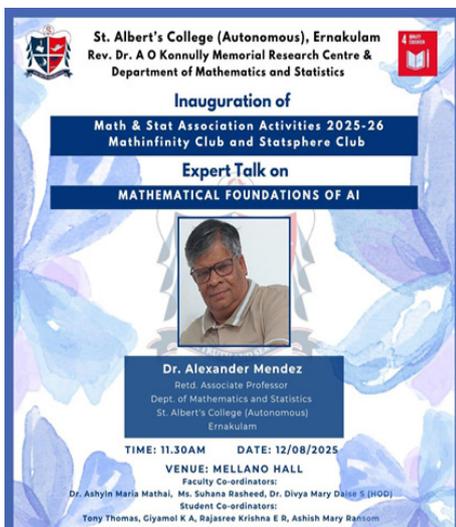
Placement Workshop

The Department of Mathematics and Statistics, in collaboration with the Placement Cell, successfully organized a skill-enhancement workshop titled "Resume to Recruitment" on August 25, 2025. The session was expertly led by Dr. Saravanakumar S (Head - Training and Placement, Bharata Mata College, Thrikakara) and focused on crucial job-seeking competencies, specifically covering group discussion and interview skills, which were reinforced through practical mock group discussions and interviews to ensure a high-value, fruitful experience for participating students.



Mathematics and Statistics Association Inauguration

The Department of Mathematics and Statistics of St. Albert's College formally inaugurated its Mathematics and Statistics Association activities for the academic year 2025–26 on August 12, 2025, at Mellano Hall. The inaugural ceremony also featured the concurrent launch of the MathInfinity and Statsphere Clubs. Following welcoming addresses by the Head of Department and key college officials, the formal inauguration was delivered by Dr. Alexander Mendez. His address culminated in an inspiring and highly enriching lecture titled “Mathematical Foundations on AI.” The comprehensive session concluded with the unveiling of the Year Plan 2025–26, a presentation of the previous year's activity report, and the felicitation of student achievers.



Department of Zoology

“Rewriting the Brain: Brain Plasticity and the Art of Learning”

The Department of Zoology, St. Albert's College, hosted a successful seminar, “Rewriting the Brain: Brain Plasticity and the Art of Learning,” on August 20, 2025, at Mellano Hall. Dignitaries including Dr. Retina I. Cleetus (Vice Principal) and Rev. Fr. (Dr.) Antony Thoppil (Chairman), Dr. Joseph Justin Rebello (Principal), Dr. Susan Eapen, Retired Scientist at BARC and Ms. Nimila P J (HoD) graced the event.

The keynote speaker, Dr. Baby Chakrapani (CUSAT), delivered a comprehensive lecture on neuroplasticity. He explained how neural connections use neurotransmitters (like dopamine) to process information and highlighted that neural pathways are highly adaptable. Dr. Chakrapani emphasized that learning relies on this adaptability, covering structural plasticity (forming new synapses) and metaplasticity. He also detailed how hormones influence memory and stress response.



The session concluded with practical takeaways: sleep, stress management, nutrition, and exercise (which boosts BDNF) are crucial for maintaining lifelong brain flexibility. The interactive talk provided students with scientifically grounded methods to enhance their learning and well-being. The event concluded with thanks by Ms. Celin Nimisha Vijayan.

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Faculty Achievement



Dr. Neeraja James, Head of the Department of Economics recently published a research paper titled “Artificial Intelligence and Banking Sector in India” in the esteemed journal, Southern Economist, on August 1, 2025.



Dr. Retina Cleetus, Vice Principal of St. Albert’s College (Autonomous) has recently co-authored a research paper titled “Inactive Tropical Bush Frog Detects Light Through Skin to Adjust Body Color Intensity for Camouflage” in the journal Biotropica.

DON BOSCO COLLEGE KOTTIYAM
(Affiliated to the University of Kerala)
Department of English
Association Inauguration
QUID QUAERIS

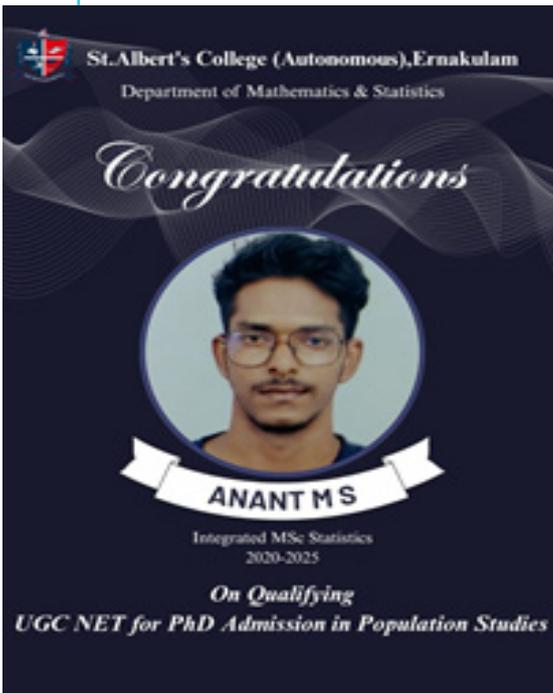
Chief Guest

Dr Steffy Antony
Govt. Guest Lecturer
Department of English
St. Alberts College (Autonomous), Ernakulam

21 August 2025
Time: 1:15 pm
Venue: College Auditorium

Dr. Steffy Antony was the distinguished Chief Guest for the grand inauguration of our English Association, “QUID QUAERIS,” at Don Bosco College, Kottiyam, on August 21, 2025. She shared profound wisdom on literature and encouraged the students to embrace the intellectual journey that “QUID QUAERIS” promises to offer. Her contribution marked the beginning of a literary venture!

Student Achievement



Anant M S student of the Department of Mathematics and Statistics qualified UGC NET for PhD Admission in Population Studies.



Ashna T A, second-year B. Com student, has brought immense glory to St. Albert's College (Autonomous) by clinching a silver medal in the 52 kg category at the prestigious WAKO India National Kickboxing Championship, held in Chhattisgarh.