

ST. ALBERTS COLLEGE, AUTONOMOUS

World Blood Donor day- Webinar

On 14th June

St. Albert's College (Autonomous)
Ernakulam
DEPARTMENT OF COMMERCE
In association with Office of the Dean, Student Affairs

WORLD BLOOD DONOR DAY WEBINAR

**"Blood donation
during the pandemic-
let's talk about it"**

RESOURCE PERSONS

Dr. Balaji S, BAMS, MBA(HA)
Consultant Physician &
Managing Partner
P K N Vaidyans Sree Chitra
Ayurveda Pharmacy Kollam,
Kerala

**Dr. Lakshmy C. Senan, BAMS,
MS(Ay)**
Consultant Physician
PKN Vaidyan's Sree Chitra
Ayurveda Pharmacy
Kollam

GIVE BLOOD, SAVE A LIFE

June 14, 2021
2 PM VIA

Faculty Co-ordinators
Prof. Dayana Xavier:89218 86023
Prof. Teena Martin:8089171869

Student Co-ordinators
Albin Thomas:8594005110
Sanjana K.S-8089134504

Report

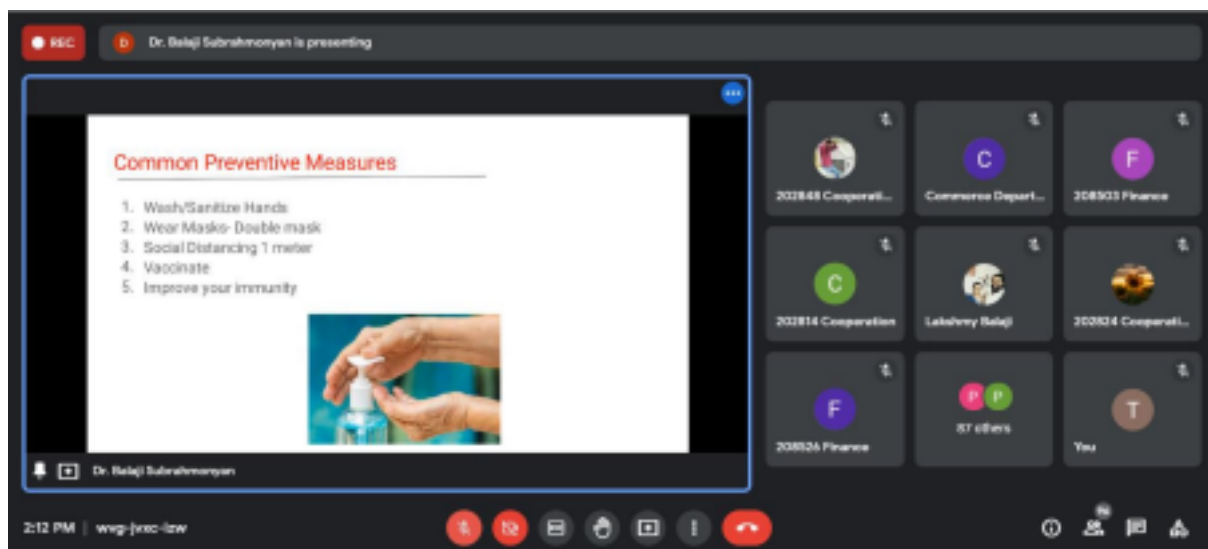
Department of commerce conducted a webinar as a part of World Blood Donor Day on 14th June 2021. The session started at 2 pm and was coordinated by faculty coordinators Professor Dayana Xavier and Professor Teena Martin and also by the student coordinators Sanjana KS and Albin Thomas. The welcome speech was given by Professor Dayana Xavier.

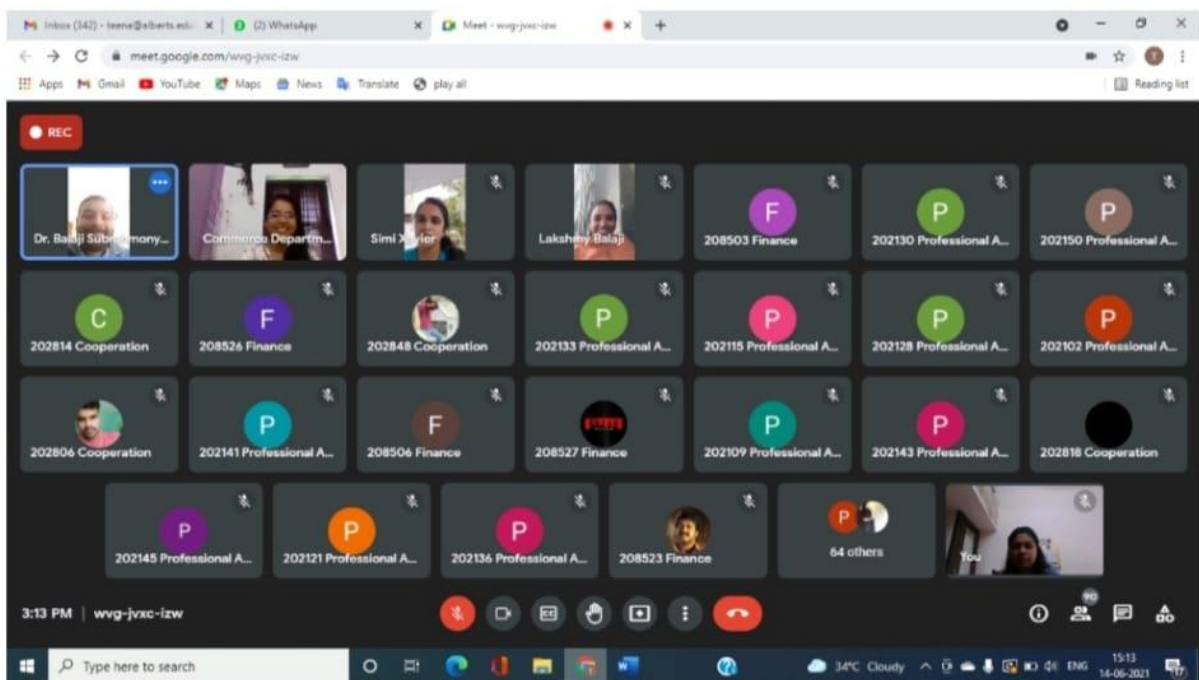
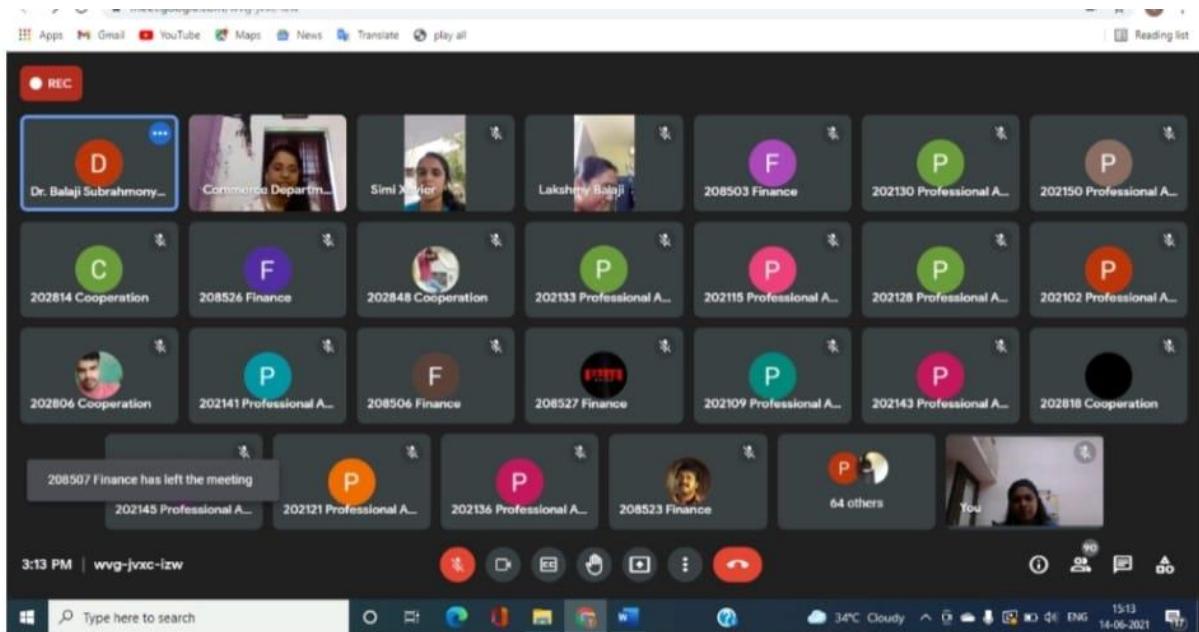
The first session was conducted by Dr. Balaji S, BAMS .MBA(HA)Consultant Physician &Managing Partner of P K N Vaidyan's Sree Chitra Ayurveda Pharmacy Kollam, Kerala. He

talked about ‘ Covid 19 and a Healthy Diet’. In the topic he covered areas of common preventive measures to be taken during the pandemic, how to stay healthy at home both physically and mentally during lockdown or even the quarantine days . He also discussed on how important it is to improve one’s immunity and stay healthy. It was a very informative session.

The next session was done by Dr. Lakshmi C Senan. BAMS,MS(Ay) Consultant Physician P K N Vaidyan’s Sree Chitra Ayurveda Pharmacy Kollam. It was an informative session on “General awareness class on Blood Donation”. The session included an introduction on blood donation and the eligibility criteria’s required for the same. It also included the different types of donors, do’s and don’ts during blood donations and how carefully the process done. It was an interesting and an interactive session. The whole session came to an end after a Q & A session between the students and the speaker and a vote of thanks by the student coordinator Arya Narayan.

Photographs






meet.google.com/wvg-jvxc-izw

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REC Dr. Balaji Subrahmonyan is presenting

WHY IS IT IMPORTANT TO DONATE BLOOD

- Almost all serious health issue management uses donated blood
- Donated blood lasts a little more than 40 days
- So blood has to be replenished frequently
- You cannot make blood inspite of the huge advances in Science and technology
- It is a gift within you which can only be availed once you donate
- You could save the life of many through donating



Dr. Balaji Subrahmonyan

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2:43 PM | wvg-jvxc-izw

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REC Dr. Balaji Subrahmonyan is presenting

Compatible Blood Type Donors

Blood Type	Donate Blood To	Receive Blood From
A+	A+ AB+	A+ A- O+ O-
O+	O+ A+ B+ AB+	O+ O-
B+	B+ AB+	B+ B- O+ O-
AB+	AB+	Everyone
A-	A+ A- AB+ AB-	A- O-
O-	Everyone	O-
B-	B+ B- AB+ AB-	B- O-
AB-	AB+ AB-	AB- A- B- O-

Dr. Balaji Subrahmonyan

3:00 PM | wvg-jvxc-izw

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34°C Cloudy 15:00 14-06-2021

REC

Dr. Balaji Subrahmonyan is presenting

WHY IS IT IMPORTANT TO DONATE BLOOD

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 Give blood

Dr. Balaji Subrahmonyan

Turn on microphone (ctrl + d)

2:43 PM | wvg-jvxc-lzw

CCommerce Depart...

F208503 Finance

C202814 Cooperati

P202115 Profession...

F208526 Finance

202848 Cooperati

P202133 Profession...

P P88 others

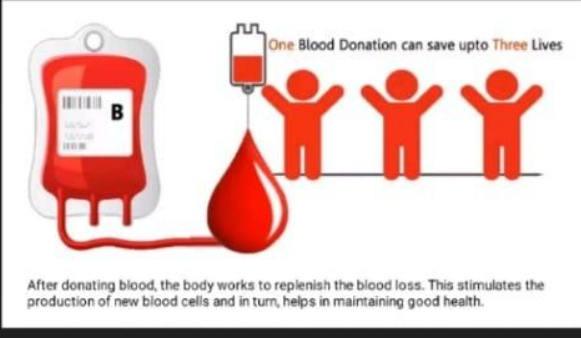
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Meeting controls: REC Dr. Balaji Subrahmanyam is presenting

Slide content:



One Blood Donation can save upto Three Lives

After donating blood, the body works to replenish the blood loss. This stimulates the production of new blood cells and in turn, helps in maintaining good health.

Participant list:

- Commerce Depart...
- 208503 Finance
- 202814 Cooperation
- 202133 Profession...
- 208526 Finance
- 202848 Cooperati...
- 202115 Profession...
- 85 others
- You

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Browser: meet.google.com/wvg-jvxc-izw

Meeting controls: REC Dr. Balaji Subrahmanyam is presenting

Slide content:



THANK YOU

Participant list:


- Commerce Depart...
- 208503 Finance
- Lakshmi Balaji
- 202814 Cooperation
- Sim...
- 202150 Profession...
- 202130 Profession...
- 83 others
- You

202821 Cooperation has left the meeting

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Certificate Model





ST. ALBERT'S COLLEGE (AUTONOMOUS), ERNAKULAM
DEPARTMENT OF COMMERCE
CERTIFICATE OF APPRECIATION


PRESENTED TO

DR. BALAJI S, BAMS, MBA(HA), CONSULTANT PHYSICIAN & MANAGING PARTNER, PKN VAIDYAN'S SREE CHITRA AYURVEDA PHARMACY, KOLLAM for sharing his valuable knowledge as a resource person during the Webinar "BLOOD DONATION DURING THE PANDEMIC-LET'S TALK ABOUT IT" conducted with respect to World Blood Donors Day on 14th June 2021 organized by the Department of Commerce, St. Albert's college (Autonomous), Ernakulam.


Prof. Simi Xavier
Hod In Charge
Department Of Commerce
St. Albert's College (Autonomous), Ernakulam


Dr. MA Solomon
Principal
St. Albert's College (Autonomous), Ernakulam



Fr. Antony Arackal
Chairman & Manager
St. Albert's College (Autonomous), Ernakulam





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DEPARTMENT OF COMMERCE
CERTIFICATE OF APPRECIATION

PRESENTED TO

DR. LAKSHMY C SENAN, BAMS, MS(AY) CONSULTANT PHYSICIAN, PKN VAIDYAN'S SREE CHITRA AYURVEDA PHARMACY, KOLLAM for sharing her valuable knowledge as a resource person during the Webinar "BLOOD DONATION DURING THE PANDEMIC-LET'S TALK ABOUT IT" conducted with respect to World Blood Donors Day on 14th June 2021 organized by the Department of Commerce, St. Albert's college (Autonomous), Ernakulam.


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