

KERALA STATE POWERLIFTING ASSOCIATION



Affiliated to
Indian Powerlifting Federation

Recognised by
Kerala State Sports Council



Certificate of Honour

No : **07/W** /UE/2017

This is to certify that **KRITI KUMARI** of
ERNAKULAM has secured **FIRST** place in the
47 kg. weight class at the Kerala State Unequipped Sub ~~Junior (Boys & Girls)~~ / Junior / Senior / Masters -
(~~Men and~~ Women) Powerlifting Championship held at St. Michael's College Auditorium, Cherthala on 18th & 19th
February 2017

KILOGRAMS LIFTED

SQUAT **75** KG
BENCHPRESS **40** KG
DEADLIFT **105** KG
TOTAL **220** KG
DATE OF BIRTH **07.11.98**

* STATE RECORD

VENU. G. NAIR
Hony. Secretary, KSPLA

P.J. JOSEPH (Arjuna)
President, KSPLA