

MENTORING CIRCULAR (2018-19)

Dear Teachers

Mentoring is a unique method of supporting students to improve their learning and leadership skills, motivating them towards their future career development. With this in mind, the College has a mentorship programme wherein the faculty members are given training on mentor system and they meet the students to listen to their issues and guide them on their overall personality development.

Objectives of Mentoring

- To guide students in feeling more connected to the campus and their educational goals
- To support students to improve their ability to articulate and formulate plans to actively pursue and achieve their academic and career goals
- To help students to develop or refine their study skills and time management abilities
- To make students aware of resources available to them on campus and in the community and encourage them to make use of those resources
- To enhance student leadership skills by arranging capacity development and skill enhancement activities
- To monitor academic performance
- To provide opportunities for students to build academic, social, and professional networks through seminars, events, co-curricular activities, and industry mentors
- To make sure that students attend remedial coaching if needed
- To arrange sessions on Career Counselling and guide mentees to prepare for competitive exams

Mentors are requested:

- to provide, a reliable and comprehensive support system,
- to motivate students to excel in both academic and non-academic fields and to make the most of their life at the college.
- to keep track of their mentees with reference to academics, attendance, discipline and overall development.
- to systematically record their meetings in the mentor's report.

- to help mentees identify their own goals and offer empowerment and encouragement
- to guide them to achieve their goals, or solve any challenges along the way.

The mentor- mentee list for the academic year 2018-19 has been attached herewith.

Name of the Mentor	Name of the Mentee	Class
Dr. Bijoy VM	Joel Roy Paul	1 st Year B.Sc. Aquaculture
Dr. Bijoy VM	Hrithik Rajesh	1 st Year B.Sc. Aquaculture
Dr. Bijoy VM	Mary Sandra MJ	1 st Year B.Sc. Aquaculture
Dr. Bijoy VM	Ancy Joseph	1 st Year B.Sc. Aquaculture
Dr. Bijoy VM	Aiswarya M S	1 st Year B.Sc. Aquaculture
Dr. Vibin M	Nadiya MA	1 st Year B.Sc. Aquaculture
Dr. Vibin M	Dean Paul Anil	1 st Year B.Sc. Aquaculture
Dr. Vibin M	Jackson Joseph	.1 st Year B.Sc. Aquaculture
Dr. Vibin M	Adithya VR	1 st Year B.Sc. Aquaculture
Dr. Vibin M	Meera VT	1 st Year B.Sc. Aquaculture
Dr. Ajith Thomas John	Meghna Sebastian	1 st Year B.Sc. Aquaculture
Dr. Ajith Thomas John	Emily Xavier	1 st Year B.Sc. Aquaculture
Dr. Ajith Thomas John	Taniya Joseph	1 st Year B.Sc. Aquaculture
Dr. Ajith Thomas John	Margarita Honey TR	1 st Year B.Sc. Aquaculture
Dr. Ajith Thomas John	Raina Correya	1 st Year B.Sc. Aquaculture
Dr. Ginson Joseph	Amala Swetha Renny	1 st Year B.Sc. Aquaculture
Dr. Ginson Joseph	Aparna Das AM	1 st Year B.Sc. Aquaculture
Dr. Ginson Joseph	Jayalakshmi V J	1 st Year B.Sc. Aquaculture
Dr. Ginson Joseph	Divya M V	1 st Year B.Sc. Aquaculture

Dr. Ginson Joseph	Mariya Geethu	1 st Year B.Sc. Aquaculture
Freeda Rabecca	Shifna P S	1 st Year B.Sc. Aquaculture
Freeda Rabecca	Anjitha Bharathan	1 st Year B.Sc. Aquaculture
Freeda Rabecca	Archana Baby	1 st Year B.Sc. Aquaculture
Freeda Rabecca	Aarcha N Aravindan	1 st Year B.Sc. Aquaculture
Freeda Rabecca	Sneha Sajan	1 st Year B.Sc. Aquaculture
Freeda Rabecca	Irfana P P	1 st Year B.Sc. Aquaculture
Dr. Bijoy V M	Ancy John	2 nd Year B.Sc. Aquaculture
Dr. Bijoy V M	Sreelakshmi P S	2 nd Year B.Sc. Aquaculture
Dr. Bijoy V M	Linta Babu	2 nd Year B.Sc. Aquaculture
Dr. Bijoy V M	Arjun N S	2 nd Year B.Sc. Aquaculture
Dr. Bijoy V M	Reshma Sebastian	2 nd Year B.Sc. Aquaculture
Dr. Bijoy V M	Beneeta Lorence	2 nd Year B.Sc. Aquaculture
Dr. Vibin M	Nancey Selil	2 nd Year B.Sc. Aquaculture
Dr. Vibin M	Sarona Mary K A	2 nd Year B.Sc. Aquaculture
Dr. Vibin M	Athulya K A	2 nd Year B.Sc. Aquaculture
Dr. Vibin M	Mariya Aleena	2 nd Year B.Sc. Aquaculture
Dr. Vibin M	Yadu Krishnan	2 nd Year B.Sc. Aquaculture
Dr. Vibin M	June Mary Josy	2 nd Year B.Sc. Aquaculture
Dr. Ajith Thomas John	Namitha Paul	2 nd Year B.Sc. Aquaculture
Dr. Ajith Thomas John	Swetha Banu	2 nd Year B.Sc. Aquaculture
Dr. Ajith Thomas John	Shaniya Yesudas	2 nd Year B.Sc. Aquaculture
Dr. Ajith Thomas John	Kavya K B	2 nd Year B.Sc. Aquaculture
Dr. Ajith Thomas John	Rakendu T R	2 nd Year B.Sc. Aquaculture
Dr. Ajith Thomas John	Abin Prakash	2 nd Year B.Sc. Aquaculture
Dr. Ajith Thomas John	Jilu Joseph KJ	2 nd Year B.Sc. Aquaculture
Dr. Ginson Joseph	Sini Maria	2 nd Year B.Sc. Aquaculture
Dr. Ginson Joseph	Mary Teena	2 nd Year B.Sc. Aquaculture

Dr. Ginson Joseph	Jestin L M	2 nd Year B.Sc. Aquaculture
Dr. Ginson Joseph	Rajeena Michael	2 nd Year B.Sc. Aquaculture
Dr. Ginson Joseph	Athira PA	2 nd Year B.Sc. Aquaculture
Dr. Ginson Joseph	Archana P Ravi	2 nd Year B.Sc. Aquaculture
Dr. Benno pereira	Rahma P S	2 nd Year B.Sc. Aquaculture
Dr. Benno pereira	Shiya Biju	2 nd Year B.Sc. Aquaculture
Dr. Benno pereira	Aneena Xavier	2 nd Year B.Sc. Aquaculture
Dr. Benno pereira	Sona Rose Shaji	2 nd Year B.Sc. Aquaculture
Dr. Bijoy V M	Jiya Jain	3 rd Year B.Sc. Aquaculture
Dr. Bijoy V M	Abhitha J Karun	3 rd Year B.Sc. Aquaculture
Dr. Bijoy V M	Sandeep N S	3 rd Year B.Sc. Aquaculture
Dr. Bijoy V M	Lakshmi S	3 rd Year B.Sc. Aquaculture
Dr. Bijoy V M	Sreelakshmi C s	3 rd Year B.Sc. Aquaculture
Dr. Vibin M	Ashny M A	3 rd Year B.Sc. Aquaculture
Dr. Vibin M	Mary Joshna	3 rd Year B.Sc. Aquaculture
Dr. Vibin M	Henly Mariya Sunny	3 rd Year B.Sc. Aquaculture
Dr. Vibin M	Mary Greeshma	3 rd Year B.Sc. Aquaculture
Dr. Vibin M	Philomin Christina	3 rd Year B.Sc. Aquaculture
Dr. Ajith Thomas John	Nithin Joseph	3 rd Year B.Sc. Aquaculture
Dr. Ajith Thomas John	Nimal Sony	3 rd Year B.Sc. Aquaculture
Dr. Ajith Thomas John	Syami V S	3 rd Year B.Sc. Aquaculture
Dr. Ajith Thomas John	Saneesh C X	3 rd Year B.Sc. Aquaculture
Dr. Ajith Thomas John	Anjali T S	3 rd Year B.Sc. Aquaculture
Dr. Ginson Joseph	Anusha Sabu	3 rd Year B.Sc. Aquaculture
Dr. Ginson Joseph	Steny Joseph	3 rd Year B.Sc. Aquaculture
Dr. Ginson Joseph	Sharon T John	3 rd Year B.Sc. Aquaculture

Dr. Ginson Joseph	Aswin Joseph	3 rd Year B.Sc. Aquaculture
Dr. Ginson Joseph	Deepthi P D	3 rd Year B.Sc. Aquaculture
Dr. Ginson Joseph	Sreya S Pillai	3 rd Year B.Sc. Aquaculture
Dr. Ginson Joseph	Aiswarya K B	3 rd Year B.Sc. Aquaculture
Dr. Ginson Joseph	Anantha Padmanabhan	3 rd Year B.Sc. Aquaculture
Dr. Benno Pereira F G	Parvathy P S	3 rd Year B.Sc. Aquaculture
Dr. Benno Pereira F G	Aswathy Mohan	3 rd Year B.Sc. Aquaculture
Dr. Benno Pereira F G	Adeena T M	3 rd Year B.Sc. Aquaculture
Dr. Benno Pereira F G	Abhijith Sobhanan Panicker	3 rd Year B.Sc. Aquaculture
Dr. Benno Pereira F G	Kevin Joseph	3 rd Year B.Sc. Aquaculture
Dr. Benno Pereira F G	Fareeda AG	3 rd Year B.Sc. Aquaculture
Dr. Benno Pereira F G	Ajeesh Felix	3 rd Year B.Sc. Aquaculture
Dr. Benno Pereira F G	Farhana Shirin K S	3 rd Year B.Sc. Aquaculture

Signature of the HoD

Dr. BIJOY V.M., M.F.Sc., Ph.d
 Associate Professor & Head
 Research Dept. of Fisheries & Aquaculture
 St. Albert's College (Autonomous)
 Ernakulam, Kochi - 18

