



### MENTORING CIRCULAR

#### Dear Teachers

Mentoring is a unique method of supporting students to improve their learning and leadership skills, motivating them towards their future career development. With this in mind, the College has a mentorship programme wherein the faculty members are given training on mentor system and they meet the students to listen to their issues and guide them on their overall personality development.

#### Objectives of Mentoring

- To guide students in feeling more connected to the campus and their educational goals
- To support students to improve their ability to articulate and formulate plans to actively pursue and achieve their academic and career goals
- To help students to develop or refine their study skills and time management abilities
- To make students aware of resources available to them on campus and in the community and encourage them to make use of those resources
- To enhance student leadership skills by arranging by capacity development and skill enhancement activities
- To monitor academic performance
- To provide opportunities for students to build academic, social, and professional networks through seminars, events, co-curricular activities, and industry mentors
- To make sure that students attend remedial coaching if needed
- To arrange sessions on Career Counselling and guide mentees to prepare for competitive exams

#### Mentors are requested:

- to provide, a reliable and comprehensive support system,
- to motivate students to excel in both academic and non-academic fields and to make the most of their life at the college.

- to help mentees identify their own goals and offer empowerment and encouragement
- to guide them to achieve their goals, or solve any challenges along the way.

The mentor- mentee list for the academic year 2020-21 has been attached herewith.

Name of the Mentor	Name of the Mentee	Class
Preethi Francis	Vidhu KRishnan V P	I M.Sc. AFA
Preethi Francis	Mariya Aleena	I M.Sc. AFA
Preethi Francis	Tinkle Sumer	I M.Sc. AFA
Preethi Francis	Hamia Stanny Noronha	I M.Sc. AFA
Sivakumar G	Monica Pohshwet	I M.Sc. AFA
Sivakumar G	Sisira K Joseph	I M.Sc. AFA
Sivakumar G	Teisukbiang Khongwar	I M.Sc. AFA
Sivakumar G	Roshma Sebastian	I M.Sc. AFA
Sayeed Mohamed P K	Shaniya Yesudas	I M.Sc. AFA
Sayeed Mohamed P K	Reshma Sebastian	I M.Sc. AFA
Sayeed Mohamed P K	Devika Mol A R	I M.Sc. AFA
Sayeed Mohamed P K	Maria Sajna	I M.Sc. AFA
Dr. Jithu Paul Jacob	Saparya V	I M.Sc. AFA
Dr. Jithu Paul Jacob	Anjitha Sabu	I M.Sc. AFA
Dr. Jithu Paul Jacob	Swetha Babu	I M.Sc. AFA
Dr. Jithu Paul Jacob	Sarona Mary K.A	I M.Sc. AFA
Nilanjana Mriya Verghese	Sangeetha Elsa Saji	I M.Sc. AFA
Nilanjana Mriya Verghese	Mary Joshna K J	I M.Sc. AFA
Nilanjana Mriya Verghese	Devika P S	I M.Sc. AFA
Nilanjana Mriya Verghese	Shiya Biju	I M.Sc. AFA
Jose Emmanuel L A	Hansha Hashim	II M.Sc. AFA

Jose Emmanuel L A	Aldrin Ponseka	II M.Sc. AFA
Sivakumar G	Ashwin Varghese	II M.Sc. AFA
Sivakumar G	Alen Joseph	II M.Sc. AFA
Sayeed Mohamed P K	Rajanandini C R	II M.Sc. AFA
Sayeed Mohamed P K	Arjun V Vijayan	II M.Sc. AFA
Dr. Jithu Paul Jacob	Beegum Saliha A B	II M.Sc. AFA
Dr. Jithu Paul Jacob	Althaf E A	II M.Sc. AFA
Dr. Jithu Paul Jacob	Reeja M J	II M.Sc. AFA
Preethi Francis	Steny Joseph	II M.Sc. AFA
Preethi Francis	Evelin Daries	II M.Sc. AFA
Preethi Francis	Philomin Christeena C A	II M.Sc. AFA
Sislave K S	Kejin Martin	II M.Sc. AFA
Sislave K S	Gautham.S	II M.Sc. AFA
Sislave K S	Froshil Shalom P.F	II M.Sc. AFA
Sameera Shamsudheen	Ashmi George	II M.Sc. AFA
Sameera Shamsudheen	Harithamol M S	II M.Sc. AFA
Sameera Shamsudheen	Vygie M. Sangma	II M.Sc. AFA
Bisi K Paul	Aijingkmen Lyngdoh	II M.Sc. AFA
Bisi K Paul	Margrisha RanI	II M.Sc. AFA
Bisi K Paul	Ruth Z lotha	II M.Sc. AFA

Signature of the HoD

Seal

