

# **DETAILED ANNUAL REPORT OF NCC AIR WING ST.ALBERT'S COLLEGE AUTONOMOUS ERNAKULAM**

## **CAMPS 2019-20**

### **REPUBLIC DAY CAMP 2020**



Republic day camp 2020 held from January 1st to 31st at Delhi. Two cadets from NCC Air wing st.Alberts college participated in RDC 2020.CUO Arpitha Ranjith and LFC Anandha krishnemen CM. And CUO Arpitha Ranjith have won 4th position in All India best cadet competition ,also get selected as Central MC in CP 1 . LFC Anandha Krishnan get selected into Kerala and Lakswadweep Guard team. Before R D Delhi there held 4 pre RD camps and 3 pre IGC and one IGC camp. in IGC 2020 Ernakulam group have won 1 st position and Arpitha won 1 st position in Best cadet competition.

### **ALL INDIA VAYU SAINIK CAMP- 2019**



AIVSC'19 was held at Jodhpur, Rajasthan from the dates October 5 to 15. The cadets were selected after three selection camps held at Layola School, TVPM. A total of 8 cadets consisting of 1 SW and 7 SD's from St. Albert's College represented Kerala & Lakshadweep directorate in this prestigious camp. The cadets competed for and represented the directorate in a variety of competitions such as flying exam, firing, drill, aeromodelling and line area.

### **EBSB Camp Rajasthan directorate and Kerala & Lakshadweep directorate 2020**

The camp was conducted through Webex Meet application. Preparations of the camp commenced before one week. The camp started on 15<sup>th</sup> August and ended on 21<sup>st</sup> August 2020. The cultural programmes from Ernakulam group were revealed to us earlier itself. The videos were not only mesmerizing but variant in style. From the classical Mohiniyattam to the Wayanad's Tribal dance, the team from Ernakulam Group had toiled to present their best. Network issue was solved with a united effort managing the available resources. The Rajasthani culture was golden to witness. The first day was utilised for language orientation and cultural information. Ghoomar and Kalbelia dance showed the graceful and sporadic faces of the Rajputana culture. The cuisine was mouth-watering and nutritious. The leaders of Rajasthan were introduced and left the audience inspired. The host and the guest competed to do better with each programme. Network issues were solved within seconds as back-up was organised already. Debates were fierce with spot-on points from both teams containing one cadet each from two directorates. At the end of the debate, questions from the audience was allowed. Thus, opinions were collected from many minds. The online EBSB camp was a challenge to conduct in the pandemic situation. The necessities for the camp were met by intelligent management. From this adventure, I became more curious about the Rajasthan culture. The network issues taught me the significance of having multiple options. The EBSB helps me to improve my knowledge about the diversity of culture between two states of India. It proves the saying "Unity in Diversity". This was an unforgettable experience in my life.

## **Annual Training Camp 2019:-**



ATC camp 2019 took place from 21st to 30th of December. The camp was conducted by 3(k) Air Sqn Ncc, kochi. The camp was held at TDHSS Mattancheri ,Kochi. The camp lasted for 10 days and almost 20 schools attended the camp. Each school participated in every events (flying, firing ). There was also an exam (Flying Book Exam), individual parade and interview for best cadet competition. Cultural events were held almost every evening. Senior Air Wing Cadets from the colleges volunteered the camp and were given the task to help and guide the junior cadets.

On the second last day of the camp there were sports events(Thug of war) and the best parade competitions. From that, the best parade contingent was selected. The prize distribution for the winners was held that night. The children who attended the camp were given certificates and feedback forms.

## **EVENTS & ACTIVITIES 2019-20**

### **SCHOLA BREVIS**



Initiation ceremony - \*SCHOLA BREVIS\* - of St. Albert's College for the academic year 2019-20 was inaugurated on 20th June 2019 at St. Albert's College Auditorium by Sri. Prasanth Nair IAS, Managing Director of Kerala Shipping & Inland Navigation Corporation. Very Rev. Msgr. Mathew ELanjimattom delivered the Benedictory Talk. Very Rev. Fr. Antony Arackal, Chairman and Manager, St. Albert's College (Autonomous) presided the Schola Brevis 2019. Vice Chairmans Rev. Fr. Christy David Pathiala, Rev. Fr. Jolly John Odathakkal, Principal Dr. M L Joseph, Bursar and Vice Principal Rev. Fr. John Christopher Vadassery, Vice Principal Prof. Rosalind Gonsaga addressed the gathering.

Rev. Fr. Tijo Thomas Kolothuveetil, Director, Cochin Arts and Communications lead the adoration. Chev. Dr. Edward Edezhath lead the orientation for the parents followed by the Chairman and Principal.

On the day piloting was done and candles were distributed by air wing cadets

ck forms at the end.

### **RD PARADE, KAKANAD**



68th Republic Day Parade was held on 26th January, 2020 in Ernakulam at parade ground at civil station, Kakkanad. 11 students from St Albert's College (Autonomous), Ernakulam participated in the parade competition as part of 3(K) AIR SQN NCC, KOCHI marching contingent and the contingent was declared as the Best Platoon with arms'. The celebrations at the parade ground was adhered to the green protocol and there was zero non-biodegradable waste. As many as 15 unarmed platoons and 7 armed platoons, including excise personals, NCC cadets, Student Police Cadets, members of Scouts and Guides, Red cross and Six bands participated in the parade.

### **INTERNATIONAL YOGA DAY 21st June 2020**



As an NCC cadet I had taken part for the International Yoga Day (21/06/2020). Even in this pandemic situation 2020 Theme: "Yoga for Health - Yoga at Home" took people worldwide take initiative of practicing yoga in their daily lifestyle. Practicing it keeps our mind refreshing, determined and also calm. For me it's a great experience practicing yoga and would suggest everyone to start doing yoga in their daily routines as it would provide a complete feeling to your day.

## TREE PLANTATION PAKHWADA 15 Jul 2020 To 30 Jul 20



We have conducted tree plantation pakhwada from July 15 to July 30. It was a very nice experience for us. It seems to feel better about helping the environment. During this lock down period this experience will help us to reduce stress and it motivates the habit of tree plantation. During this process our mental activities will be increases and it will leads to mental relaxation. But only a few continue to water and fertilize the plant continuously. So another activity needs to be done to know that everyone is taking care of it. To make this activity more interesting, it is a good idea to add pictures of watering the plant and their growth in this list.

## NATURE QUIZ



The air wing NCC of St Albert's college, Ernakulam organized a nature quiz competition on 4th July 2020. The quiz was organized through Google meet platform. ANO Dr Sabu sir was the quiz master and both the 2 nd and 3rd year cadets participated in the quiz.

The quiz competition was named Albatross after the sea bird Ibatrosses. The quiz had two rounds which contained questions that improved our environmental awareness. The quiz also contained questions about rare animal species. (Winners)

## **Jim Corbett Quiz– 25th July 2020**



The air wing NCC of St Albert's College, Ernakulam organized a quiz competition on 4th July 2020 which was about Jim Corbett. The quiz was organized through Google meet platform. ANO Sabu sir was the quiz master and both the 2 nd and 3rd year cadets participated in the quiz.

The quiz competition was about Nature and Tigers. When the Quiz master asks the question the cadets were supposed to type the answer in the chat box. And the first three cadets to type the answers were rewarded. The Quiz Had two rounds first one with normal text questions and the other round was Video questions and we were asked to observe carefully and answer those questions. Overall It was a knowledgeable and fun session.

## KARGIL VIJAY DIVAS 26th JULY 2020



The poster making competition organized by Albertian Air Wing NCC to commemorate Kargil Vijay divas was really a good experience. The posters we made reminded us the sacrifice made by our brave soldiers for our nation. Through the posters we tried our best to express our respect and gratitude to our defense forces.

## AATHMA NIRBHAR BHARATH 15th AUGUST 2020



As a part of Athmanirbhar Bharat Abhiyan declared by Prime Minister of India Narendra Modi, the Air wing of St.Albert's College organized a Poster Making Competition on August 15 th. It was a good experience for all of us especially during this lockdown time as we could spend our time by doing something creative. This event helped us to understand more about the concept of self sufficiency and the five pillars of this mission.

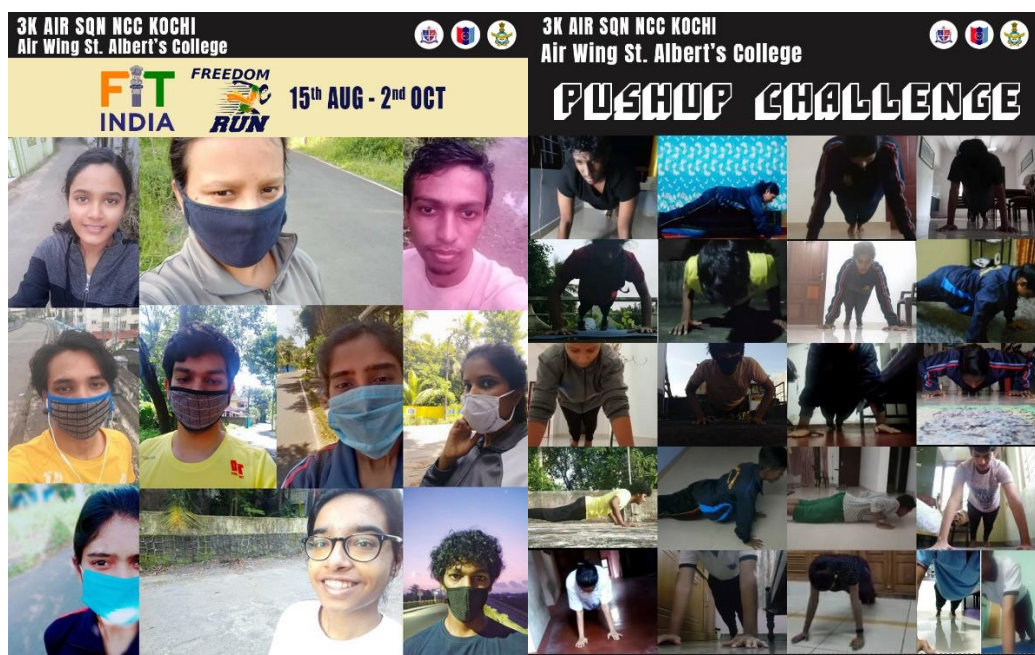
## ONAM CELEBRATION 31 August 2020



The Air Wing of St. Albert's College organised onam celebration for the cadets on 31st August 2020. The program was conducted through google meet. ANO Sabu Sir was the guest of our program.

The welcome speech was given by Vishnu. Then our guest ANO Sabu Sir greeted and conveyed his onam wishes. Then Sreejith Senior shared his personal experience about onam. We moved onto games i.e onam thallu. The program was conducted by Abhirami senior and Athira senior. All the 2nd year cadets participated in the program and the winners were Aadhil and Yadhu. At the end Varuna shared her personal experience about onam. The program was concluded by vote of thanks said by Smija.

## Fit India - 15 August 2020 to 2 October 2020



We, the air wing of St. Alberts college conduct the program fit India challenges on several dates. As a part of this movements we conducted Push-up challenge, Pull-up challenge, yoyo game, crunches, mountain climber, hanging challenge and sit-ups .

On 7 th August 2020 we conducted Crunches and mountain climb and 25 th August we conducted Push up challenge . On 27 September we initiate Hanging challenge for SW cadets and pull ups for SD Cadets . And Yoyo game on 29 September. All the challenges are really amazing and it will increase our physical stability.

For this challenge we do all the activities on the above date and send it to our NCC mail id. And later the NCC authorities will declare the winners of the programme and they were rewarded.

### **KITCHEN GARDEN**



To encourage young aspirant Cadets of NCC towards nature and homely practices of kitchen garden, the air ncc wing of St. Albert's College, Ernakulam organised a program of clicking their pictures along with their plants and veggies of their kitchen. All the 2nd year cadets actively participated in the event.

This helped us to get into nature and plant some veggies for ourselves and this helped us to get into a healthy habit and lifestyle of producing food for oneself and watering and nurturing the plants also gives us a pleasant mind.

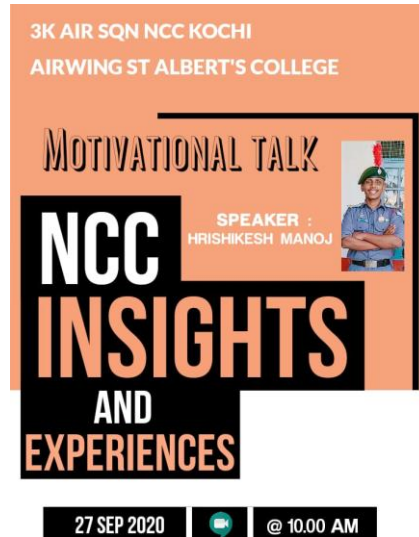
### **AWARENESS CLASS ON FITNESS**

On 26-09-2020 at 2:30 pm 3 ker Air sqn NCC Kochi scheduled an Awareness class on fitness via Google meet. Class was conducted by Professional physical trainer Arsha mam.

The session was really helpful for the cadets especially at this time of pandemic and lockdown. This programme mostly persuades cadets for home workout ensuring the safety of cadets. And she

demonstrated the correct way of performing each workout as it is very important. Cadets reported the session as very useful and strenuous.

### **INSIGHT 27th September 2020**



The ncc air wing of st Albert's college organised a motivational talk for the cadets. The programme was named "NCC insights and experience". The speaker was our ex cadet under officer Hrishikesh Manoj.

Hrishikesh senior shared his NCC experiences and values he acquired in his cadet life. The programme also contained an interactive session. For the cadets who were out of on ground training programmes due to the pandemic situation, the programme was really encouraging.

12) 02 October 2020\*

As part of Gandhi jayanthi, the NCC Air Wing has organised events like 'Cleaning my home and surroundings' and 'Writing a letter to Gandhi'.

### 'Cleaning my home and surroundings' :

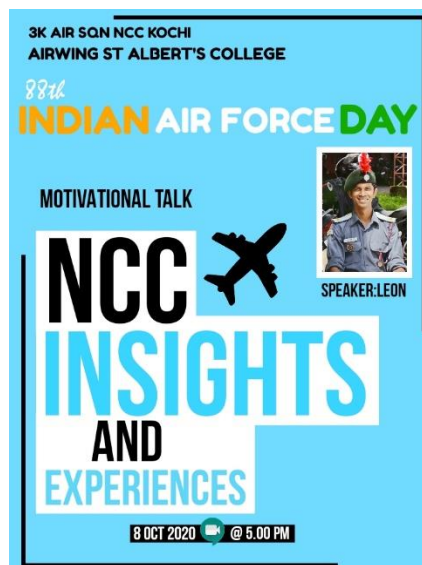


As part of Gandhi jayanthi and Swachh Bharat Mission kept in mind, the Air NCC Wing of St. Albert's College, Ernakulam has organised a 'Cleaning my home and surroundings' initiative and each cadets have cleaned their home and surroundings and a picture of the cleaned surroundings was clicked and shared as part of the initiative.

### 'Writing a letter to Gandhi':

As part of Gandhi Jayanti, an event celebrated in India to mark the birthday of Mahatma Gandhi, a letter to Gandhi was organized. This was an event conducted to show our hearty respect and to write a small note on what we have to say to Gandhi on this day. Cadets chose different themes and contents which were written to mark the birthday of Mahatma Gandhi, father of the nation.

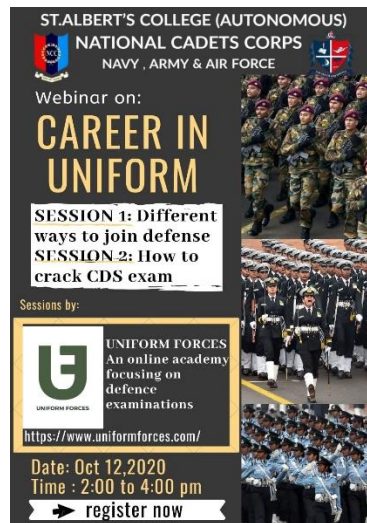
### NCC INSIGHT 10 October 2020\*



As a continuation of the motivational speak series " NCC insights and experiences" the air wing ncc of st Albert's college organised a programme on 10th October 2020. Former air wing cadet Leon was the guest .Programme was conducted through Google meet platform.

From the beginning itself it was an interactive programme. The speaker was very happy to share his NCC experiences to his juniors. Cadets from all the three colleges attended the programme. As the programme was conducted on the IAF day the speaker who himself an IAF aspirant shared his AFCAT exam experiences and tips.

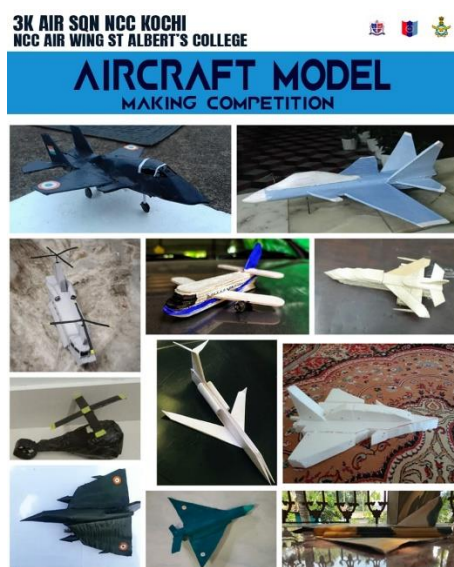
### **ONLINE CARRIOR GUIDENCE**



With an aim of guiding the cadets to take a career in our prestigious defence forces the air wing ncc of St Albert's college organised an online career guidance programme on 10th October 2020. The programme was jointly conducted by all the three wings of NCC.

Mr. Sachin Aniyan from "uniform forces" an online academic focusing on defense exams was the resource person. The programme contained two sessions. The 1st session on "different ways to join defence forces" discussed on career opportunities in army, navy, airforce, coast guard and capf. The 2nd session was on the topic "how to crack CDS exam". The cadets from all the three wings as well as other participants from different colleges made the programme a big success.

## **AEROMODELING CLUB**



17 October 2020

As a part of commencement of the Aeromodelling club in St. Albert's College, the NCC Airwing cadets organized a Aircraft model making and presentation competition via Google meet. The main rule was to make Indian fighter aircrafts. Almost all cadets participated in the programme. The cadets created aircraft models using paper and wood. The ANO Sabu sir also helped us in identifying parts of aircraft.

After this session, an aircraft recognition quiz competition was also held which made the cadets recognize the Indian fighter aircrafts, their parts, features and other specialities. Our ANO Sabu sir was quiz master and the quiz was held by presenting pictures on Google meet.

## **VIMUKTHI MARATHON**



The air wing ncc cadets of St Albert's college, Ernakulam participated as volunteers in "vimukthi marathon" organised by Kerala Excise Department on January 13th 2019. The half marathon was conducted as a part of campaign the use of narcotic drugs. The aim of the marathon was to enlighten inhabitants of the danger of drugs and to insist in them affinity to physical activity. In the marathon starting from Maharajas college Ernakulam the cadets were entrusted with the duty of

providing support and refreshment to runners. Performing their entrusted duty with utmost dedication all the 9 cadets of St Albert's college became a part in the campaign against drugs.

16 air wing NCC cadets of St Albert's college also became a part in the spice coast marathon kochi on 1/12/2019 as volunteers. The cadets reported at SH college Thevara on 30/11/2019 evening for briefing. Accommodation was arranged for the cadets at Fort Kochi. On the morning of 1st December at 2 am cadets were dropped at different positions for guiding the runners. Cadets encourage each and every runner to complete the marathon. This volunteering duty was also successfully completed by the cadets.