



St. Albert's College (Autonomous)

An initiative of Educational and Charitable Trust of Archdiocese of Verapoly

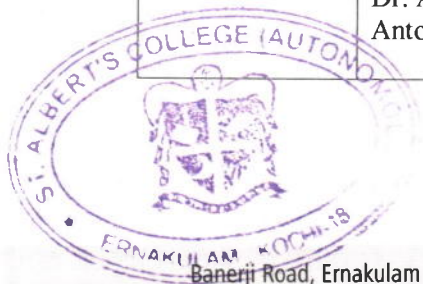
Accredited by National Assessment and Accreditation Council (NAAC) at 'A' Grade

with a CGPA of 3.24, ISO 9001:2015 certified

Affiliated to Mahatma Gandhi University, Kottayam, Kerala

Issues Raised and Resolved through Mentoring during the Last Academic Year

Name of the Department	Name of the Teacher	Issues Raised during the last academic year	Issues Resolved
Department of Aquaculture	Dr. Vibin M.	1.Lack of interest 2. Overly engaged with part time job.	Suggested remedies.
	Ms. Preethi Francis	Lack of interest in academics.	To give simple notes and include more interesting class, practical sessions.
	Dr. Jithu Paul Jacob	Language literacy problem	Training the student to write self-assignment in own sentences.
	Mr. Sayeed Mohamed P. K.	Communication issues.	By the use of right communication tools.
	Dr. Bijoy V.M	1. Reluctant in reading books and collecting notes. 2. Purely dependent on notes provided by teachers.	Giving them an opportunity to present before the class a topic of their choice, conducting quiz wherein the students themselves are directed to prepare the questions.
	Mr. Sivakumar G.	1. Lack of interest in the course. 2. Lack of focus in studies.	By thoroughly explaining the opportunities and job environments after achieving the degree, their interest was sparked. Special sessions for students who were not focusing on the classroom were conducted.
Department of Botany	Dr. Anisha S.	1. Poor knowledge base in the subject. 2. Lack of motivation.	The bridge course was useful to some extent. Further difficulties were resolved by briefings about basic concepts. Had short conversations with the students lacking motivation as and when time permitted.
	Dr. Anna Ancy Antony	1. Communication issues. 2. Lack of necessary orientation.	Give proper orientation, provide sessions for improving communication skills.



	Ms. Drishya K. Reghuvaran	1. Poor time management -Inability to manage time for studies(academic pressure) 2. Poor communication skills.	Yoga for improving concentration, prioritization, communication in English among students, increase in reading time.
Department of Business Administration	Dr. Ajitha.H.	Lack of confidence in expressing their thoughts.	Conducted various group activities including role plays, group discussions and departmental competitions.
	Dr. Jithin Benedict	In MBA while students were completely in online mode they were finding it difficult to be online for long hours and moreover they were complaining that even after class hours they were forced to be on screen for multiple assignment submissions and projects given by different teachers simultaneously.	As this issue was raised with the intervention of Head of the Department, teachers decided to plan their assignments, and projects in advance and those assignments which involved offline book references (students were asked to come to library to collect the text books from book bank) and hand written manuscripts were encouraged.
	Dr. Jitha G. Nair	Lack of research aptitude.	Through a structured step wise process the entire class was made to present a paper in AKS. The teachers spend every day 10 minutes for the same throughout the semester. To an extent the overall research aptitude improved.
	Dr. Shobita. P.S.	Lack of general knowledge and management concepts.	Encouraged participation in Department quiz programs, daily news reading and assignments were given on management concepts. and conducted presentations on new concepts of management.
	Mr. Nidhin Johny	Lack of confidence in doing project.	Instructed to read research articles in the same area and that helped the student to start the project work.
	Ms. Indu George	Father hospitalised and mother abroad. Feeling left out and unable to cope with the needs of personal and college life.	Calling and speaking to the person often to make her feel wanted. Got friends to help out at the hospital and spoke to her mother and got her to talk to her frequently.
	Ms. Akhila Lal	Lack in clarity of career goals.	Conducted career Guidance sessions in various management fields.
	Ms. Niya Eddin	Lack of self-confidence and public speaking.	Give more opportunities and guidance for presentations and



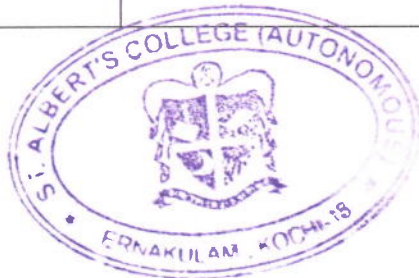
			seminars to improve self-confidence and public speaking.
Department of Chemistry	Dr. Krishnakumar K.S.	Stage fear: Some students were afraid to present themselves in front of the class.	Arranged more number of seminar sessions for the students with stage fear.
	Dr. Nify Benny	1. More concentration in attaining marks than in acquiring knowledge. 2. Less respect given to elders. 3. Less disciplined.	Continuously mingling with them.
	Dr. Vijay John Gerson	Difficulty to convey ideas.	Through personality development program.
	Dr. Nisha V.S.	1. Four of my mentees who scored low marks in certain subjects mentioned that they found it difficult to understand what was taught in those classes. 2. One student mentioned that he experienced lack of interest in the subject.	1. Arranged remedial classes for those students and clarified their doubts in simple terms. Asked them to attempt answering previous year's question paper on their own. These students scored good marks in their recent semester exam. 2. Counselling the student about the importance of taking the degree and pursuing his specific interest after that. Also, helped him to change his approach towards the subject by introducing interesting ways of learning.
	Mr. Alex Kuriakose	Lack of interest in studies	Conducting periodical test papers and remedial teaching.
Department of Commerce	Ms. Alane Albert	Difficulty in grasping course material.	By providing remedial class.
	Ms. Amrutha Santhosh	Difficulty in learning.	Innovative teaching and remedial coaching were conducted.
	Mr. Jeffrin Johnson	Lack of interest in studies	Rectified the issues by involving the students in activities related to studies and then learning.
	Ms. Aswathy K. A.	Lack of interest in academics.	Remedial coaching.
	Ms. Dayana Xavier	1. Communication issues 2. Issues due to online classes 3. Lack of interest in academics.	Yes, we provide remedial classes to those students facing this problems.
	Dr. Rosalind Gonzaga	Not able to schedule an exam timetable.	Setting Time table and working out question paper.
	Ms. Rency Joseph	Communication Issues.	More concentration on language (English) through English class and class room communication.



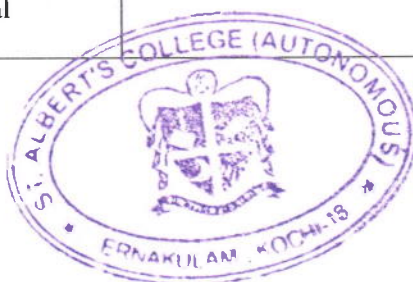
	Ms. Miline Brigit	Lack of interest in academics.	By taking new generation tools in education.
	Dr. Tia Mathews	Lack of interest in academics.	It was rectified by conducting more interactive section.
	Ms. Roshini Vinod	Lack of interest in academics.	Provided remedial coaching classes.
	Ms. Steffi Rozario	Difficulty to study problem papers.	Remedial classes were provided for those students.
Department of Computer Science	Mr. Amal M. R.	Lack of interest in subject and family issues.	Counselling.
	Ms. Anjana C. M.	Lack of interest in academics	Conducted remedial sessions and given special assignments.
	Ms. Dhanya G. S.	Lack of goal, lack of preparation	Motivational thoughts and classes, Encouraging them to set small goals.
	Ms. Sangeetha J.	Lack of confidence in presentation.	Gave a class about how to do a presentation and let them to do a presentation with confidence.
	Mr. Bruce Mathew	1. Lack of confidence 2. Communication troubles 3. Ignorance in language.	By instilling more belief in themselves, giving chances to improve their communication skills and by providing them with more opportunities to prove themselves.
Department of Economics	Ms. Asha Maria Thomas	Since the mentoring sessions were online, many students had net connectivity issues.	The students concerned were called to the College for a brief one to one interaction.
	Dr. Jincy Joseph K.	Lack of interest in academics.	Provided special care, motivation, and support.
	Mr. Francis M.C.	Lack of interest in academics, fear of communication.	More interaction of students initiated and practical application of the topics connected to create more academic interest. JAMs and J3Ms introduced to improve communication.
	Dr. Neeraja James	Stage fear	Provided the students with easy topics for presentation.
	Ms. Linda George	A first year student was very timid and shy.	She was good in academics. By giving her more opportunities to make presentations as well as hosting events, I was able to bring her out of her inhibitions.
Department of English	Ms. Diana Margaret	Poor time Management (Study time management as well as exam time management).	Prepare a time table and follow the time every day and revision is mandatory just before the exam. In the case of exam time management, allocate specific time for each category of questions.



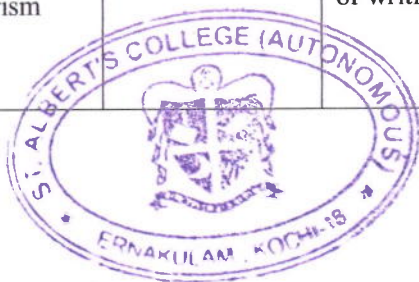
	Ms. Dilna Raju	Social media obsession	Asked the students to regulate the use of various social media platforms through strategies like digital detoxification.
	Dr. Mary Sapna Peter Miranda	Lack of interest in studies and issues with communication skills.	Tried to convince them of the need for education to survive in life. Also, gave them exercises and drills to improve their language skills.
	Dr. Nisha Thomji Varghese	Irregular sleep and eating habits as well as the stress of not able to concentrate on their lessons.	Motivated them to exercise regularly, eat healthy, sleep better and find some interesting hobbies to keep their minds alert and active. Gave tips on time management.
	Mr. John Sinoj	Few students were not able to comprehend the text.	Individual attention and motivation helped them to overcome the issue.
	Mr. Sebastian A.V.	Lack of interest.	Motivated
Department of Journalism	Ms. Aleena Mathew	1. Lack of proper communication skills. 2. Lack of specific career interest.	Gave tips and guidance to communicate with proper gestures and eye contact. Helped them to identify their area of interest in career based on their abilities.
	Ms. Nikitha Shaji Thomas	Lack of concentration, No particular aim or objective.	Communicate with students, give additional support and opportunities for effective learning, make them understand the need of education, career planning and development.
	Ms. Phrimna Valerious	Most students do not have a basic understanding about the language and found it difficult to follow the text.	We sat in groups and each student was asked to contribute their opinion on each chapter. Detailed and basic understanding of the text was looked upon.
	Ms. Minna Ann Andrews	Communication issues, lack of orientation about career and life.	Tried to instill confidence via motivation and remediation classes, prompted them to cultivate a world view and life beyond their dreams
	Ms. Krishnendu R.	1. Communication issues 2. Lack of confidence 3. Lack of interest in academics	I gave them classes for improving their communication skills and also improving their confidence.
Department of Logistics Management	Ms. Roshni Alice Prem	Irregularities in class timing, not interested in academics.	Informed their parents and regular follow up made through test papers for academics.
	Ms. Neethu Ismail	Lack of communication	Asked her to talk with friends and changed the seating arrangements.



	Ms. Lakshmi G.	1. Lack of confidence and 2. Lack of communication.	Assigned them with small responsibilities. Gave them presentation topics and made them present in front of groups.
	Mr. Lynn Paul	1. Unreasonable concern about the lack of scope in Logistics Industry.	1) Asked the student to update the faculty about the logistics news which effect cochin on daily bases.
	Ms. Elma George	1. Stage fear 2. Family issues.	Given the student some chances to face the audience and improve their attitude. Listened to the family issues and given advice to tackle the situation.
	Ms. Neenu Jose	Identified the need for a platform to showcase their talents. Lack of self-confidence.	Interaction with them.
Department of Mathematics	Dr. Divya Mary Daise S.	Lack of interest in academics.	Peer tutoring sessions.
	Ms. Jeema Jose	1. Lack of concentration 1.Lack of basic concepts in Mathematics.	Conducted bridge classes.
	Dr. Sabu M. C	There was a common problem of understanding subject due to online classes.	Offline classes in the academic year 21-22 could resolve it to a great extent.
Department of Physics	Dr. Louie Frobél	Students had issues with online classes; they were unable to concentrate.	Talked to students and tried to encourage them.
	Mr. Justin Paiva	Lack of interest.	Had counselling with students and discussed the matter with parents then gave an orientation regarding the subject and opportunities.
	Mr. Augustine Sumesh C. J.	1.Lack of confidence 2.Financial problem	1. Conducted several one to one interactive session online / offline 2.Provided part time job opportunity and materials for job oriented competitive exams.
	Dr. Sajeesh T. H.	1. Lack of confidence 2. Worried about future	Discussed with students and parents. Several Interactive sessions were done.
Department of Renewable Energy	Ms. Greeshma S.	Difficulty in scoring good marks in internal examinations.	Encouraged to study the topics covered on a daily basis. Test paper is conducted prior to the internal examination.
	Ms. Neethu Varghese	Communication issues due to online classes, mental health issues.	Personal sessions and interactions with students and parents.
	Ms. Pearl Antonette Mendez	Some are not ready to share their actual problems.	Be friendlier to the students.



	Ms. Sanju Augustin	Lack of concentration.	Implement group activities and discussion with students for improve interest in academic.
	Ms. Nithya S. Menon	Lack of concentration, introvert & lazy.	Most of the issues could be rectified through remedial classes, discussing the issues with parents via phone calls and during PTA meeting.
Department of Retail Management	Ms. Amala Mary K. S.	Personal grooming issues.	Mentors meet with the students and schedule formal attire twice weekly.
	Ms. Aparna Ayyappan	Communication issues.	Provide additional coaching to improve communication skills.
Department of Social Work	Ms. Roal Roy	Punctuality problems. Behavioral problems.	Explain the need for punctuality for the present and future life. Corrected the behavioural issues by telling the consequences of these problems and helped the student to overcome the behavioural problem by various face to face sessions.
	Ms. Navya K.S.	Lack of socializing with other students.	Engaging extracurricular activities with fun and work.
Department of Space Science	Mr. Abinash John Peter	Stress before examinations.	Provided additional coaching for subject areas with high level of difficulty so that the confidence level of the students may increase.
	Ms. Subitha Sudheer M	Lack of interest in attending classes, short attention span, excessive use of gadgets, disobedience towards teachers.	Giving individual attention and having friendly talk with each and every student. Constant monitoring helped in betterment of the situation.
Department of Sports Sciences & Fitness Management	Ms. Arsha Sathyan	Lack of communication.	Encouraged team work and used some active listening exercises.
	Mr. Azhar P. S.	Afraid of failing in examination/competition.	Used psychological skill training like self-talk, goal-setting, visualization.
Department of Travel and Tourism	Ms. Arya M.S.	Lack of self-confidence to present themselves.	Assigned the students to present seminars in class.
	Mr. Rahul Reghu	One of our students struggled with the issue of writing in English.	To help him with his language skills, we gave him some simple exercises and suggested to read simple novels in English. Now, his English writing skills have improved.



Department of Zoology	Dr. Celin Nimisha Vijayan	Communication issues, time management during examination, regularity issues etc.	Reading, Daily revision of topics, open discussions, mock examinations, continuous evaluation etc.
	Dr. Deepthi Augustine	Communication issues, time management, lack of basic knowledge due to online classes.	Listen to YouTube video tutorials to improve communication, reading, improve vocabulary, practice effective time management, mock tests, recommended good reference book to learn concepts.
	Dr. Retina Cleetus	The lack of goal-setting and lack of focus among mentees are noted.	They were given instruction and orientation on the relevant concerns.



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