



# Department of Commerce & Research Centre

St. Albert's College, Banerji Road, Cochin - 682 018

Accredited by National Assessment and Accreditation Council (NAAC) at 'A' Grade with a CGPA of 3.23 ISO 9001: 2000 Certified Affiliated to Mahatma Gandhi University Kottayam, Kerala

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#### MENTORING CIRCULAR

#### **Dear Teachers**

Mentoring is a unique method of supporting students to improve their learning and leadership skills, motivating them towards their future career development. With this in mind, the College has a mentorship programme wherein the faculty members are given training on mentor system and they meet the students to listen to their issues and guide them on their overall personality development.

### Objectives of Mentoring

- To guide students in feeling more connected to the campus and their educational goals
- To support students to improve their ability to articulate and formulate plans to actively pursue and achieve their academic and career goals
- To help students to develop or refine their study skills and time management abilities
- To make students aware of resources available to them on campus and in the community and encourage them to make use of those resources
- To enhance student leadership skills by arranging by capacity development and skill enhancement activities
- To monitor academic performance
- To provide opportunities for students to build academic, social, and professional networks through seminars, events, co-curricular activities, and industry mentors
- To make sure that students attend remedial coaching if needed
- To arrange sessions on Career Counselling and guide mentees to prepare for competitive exams

## Mentors are requested:

- To provide, a reliable and comprehensive support system,
- To motivate students to excel in both academic and non-academic fields and to make the most of their life at the college.
- To keep track of their mentees with reference to academics, attendance, discipline and overall development.
- To systematically record their meetings in the mentor's report.
- To help mentees identify their own goals and offer empowerment and encouragement
- To guide them to achieve their goals, or solve any challenges along the way.



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