



# St. Albert's College (Autonomous)

An Initiative of Educational and Charitable Trust of Archdiocese of Verapoly

Accredited by National Assessment and Accreditation Council (NAAC) at 'A' Grade with a CGPA of 3.24, ISO 9001:2015 certified | Affiliated to Mahatma Gandhi University, Kottayam, Kerala

## DEPARTMENT OF SPACE SCIENCE

### MENTORING CIRCULAR

Mentoring is a unique method of supporting students to improve their learning and leadership skills, motivating them towards their future career development. With this in mind, the College has a mentorship programme wherein the faculty members are given training on mentor system and they meet the students to listen to their issues and guide them on their overall personality development.

#### Objectives of Mentoring

- To guide students in feeling more connected to the campus and their educational goals
- To support students to improve their ability to articulate and formulate plans to actively pursue and achieve their academic and career goals
- To help students to develop or refine their study skills and time management abilities
- To make students aware of resources available to them on campus and in the community and encourage them to make use of those resources
- To enhance student leadership skills by arranging by capacity development and skill enhancement activities
- To monitor academic performance
- To provide opportunities for students to build academic, social, and professional networks through seminars, events, co-curricular activities, and industry mentors
- To make sure that students attend remedial coaching if needed
- To arrange sessions on Career Counselling and guide mentees to prepare for competitive exams

#### Mentors are requested:

- to provide, a reliable and comprehensive support system,
- to motivate students to excel in both academic and non-academic fields and to make the most of their life at the college.
- to keep track of their mentees with reference to academics, attendance, discipline and overall development.
- to systematically record their meetings in the mentor's report.
- to help mentees identify their own goals and offer empowerment and encouragement
- to guide them to achieve their goals, or solve any challenges along the way.







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The mentor- mentee list for the academic year 2019-20 has been attached herewith.

Name of the Mentor	Name of the Mentee	Class
KARTHIKA P P	ADITHIY R	M.Sc. SST (2019-21)
KARTHIKA P P	KAVITHA K	M.Sc. SST (2019-21)
KARTHIKA P P	ANNA RINCY	M.Sc. SST (2019-21)
ABINASH JOHN PETER	GEETHU D	M.Sc. SST (2019-21)
ABINASH JOHN PETER	ANJANA R	M.Sc. SST (2019-21)
ABINASH JOHN PETER	CHAITHANYAKUMAR ACHARYA D G	M.Sc. SST (2019-21)
SUBITHA SUDHEER M	MITHULA T M	M.Sc. SST (2019-21)
SUBITHA SUDHEER M	ANGEL P A	M.Sc. SST (2019-21)



Seal

Signature of the HoD